

# AGENDA

- **Career Design Lab**
- **How to apply for a job in Finland?**
- **What is the Finnish working culture like?**

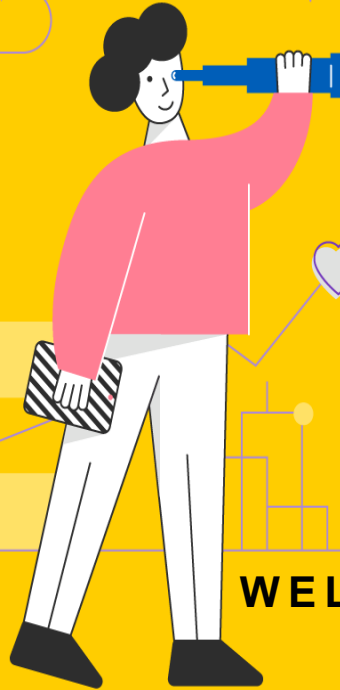
# Career Design Lab

SUSTAINABLE CAREER

LIFEWIDE LEARNING

MEANINGFUL WORK

WELLBEING



A”

Aalto-yliopisto  
Aalto-universitetet  
Aalto University

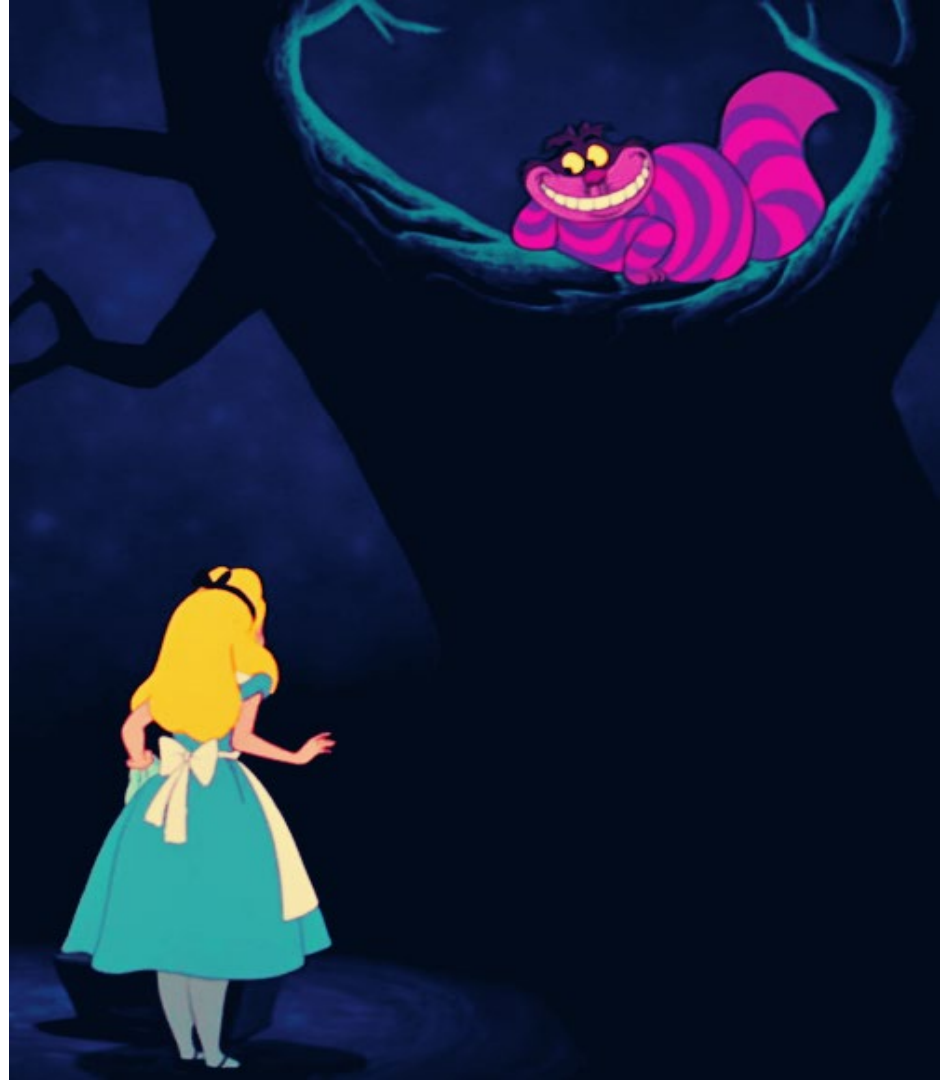
Aila Saloranta, Education & Coaching

Alice:  
**Would you tell me, please, which way I ought to go from here?**

The Cheshire Cat:  
**That depends a good deal on where you want to get to**

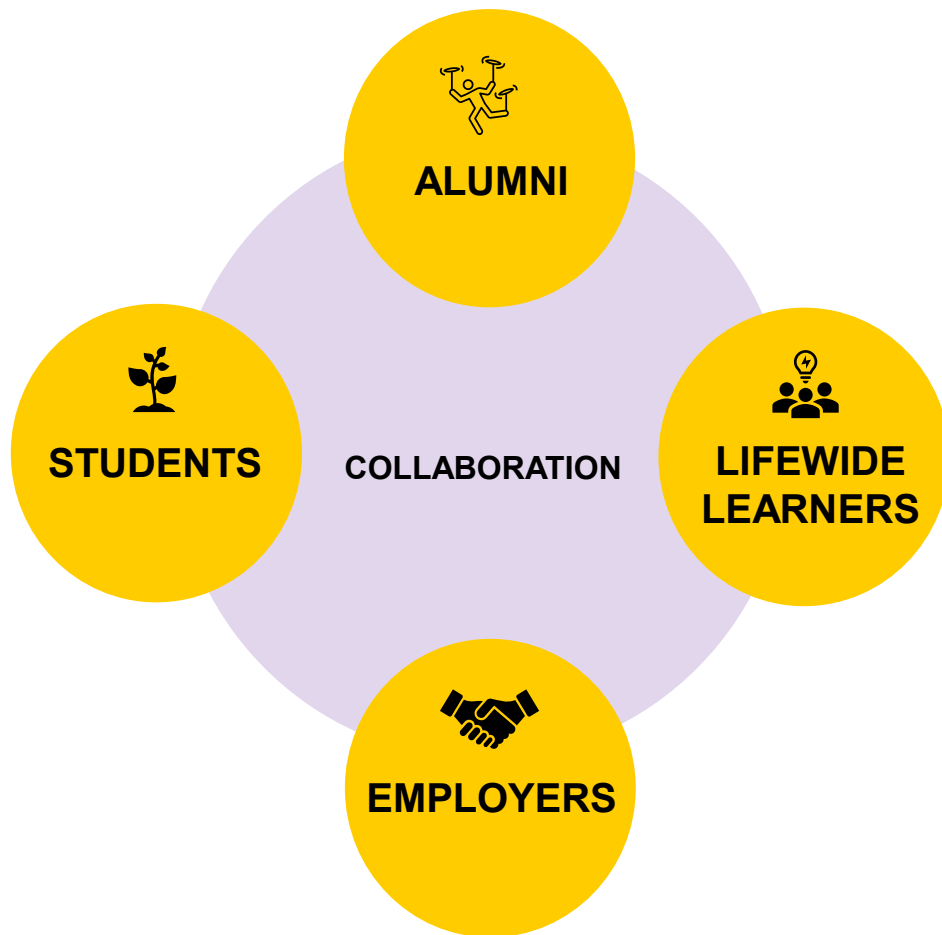
Alice:  
**I don't much care where**

The Cheshire Cat:  
**Then it doesn't much matter which way you go**



# Aalto University Career Design Lab

is a service concept for shaping sustainable careers through career design, lifewide learning and collaboration.



# Our purpose

is to empower you  
to design a  
meaningful &  
sustainable career.



# What makes your career sustainable?

- 1 Competence & learning
  - 2 Meaningful work
  - 3 Health & wellbeing
- + Impact on SDGs



# How can you prepare for your future career while you study?



# TIPS

**Create your  
own path**

**Explore &  
experiment**

**Question  
assumptions**

**Clarify your  
values**

**Connect with  
alumni &  
employers**

**Thrive on  
your  
strengths**





# SERVICES

Orientation

## Career Design Lab News

### LIFEWIDE CAREER DESIGN

Internships  
Summer jobs  
Volunteering  
Hobbies  
Study projects  
Hackathons  
Competitions  
Associations  
AVP  
AaltoES

### CLASSES FOR CREDIT

- Finland Works, online
- Design a Meaningful Career, online
- School-specific modules

### WORKSHOPS & WEBINARS

- Thrive in the Finnish working life
- CV & LinkedIn
- Interviewing skills

### ONLINE TIPS & TOOLS

JobTeaser job site  
Career design tools  
Job search guide  
Blog

### MENTORING (MSc level)

- Mentoring Programme
- International Talent
- Career Cafés with alumni

### EVENTS

- Aalto Talent Expo
- Summer Job Day
- Career evenings
- Fieldtrips

### CAREER COACHING

# Aalto International Talent Program

Group mentoring with employers, 1st year

- 1 Build your professional network in Finland
- 2 Learn about the Finnish working life & industry from experienced professionals & alumni
- 3 Get to know the mentor company and its opportunities

[Aalto International Talent Program | Aalto University](#)



- JOINT KICK-OFF
- MASTER'S & DOCTORAL
- 6-10 STUDENTS/GROUP
- 3 MENTORING MEETINGS
  - ONSITE VISITS
  - WEBINARS

# Mentoring Programme

[Become an actor](#) | [Aalto University](#)

2nd year

Connect with Aalto alumni  
Get advice on industry  
Design your career path  
Learn about working life  
Build your network

229 mentoring pairs  
54 nationalities  
in 20 countries  
MENTORING  
PROGRAMME 22-23

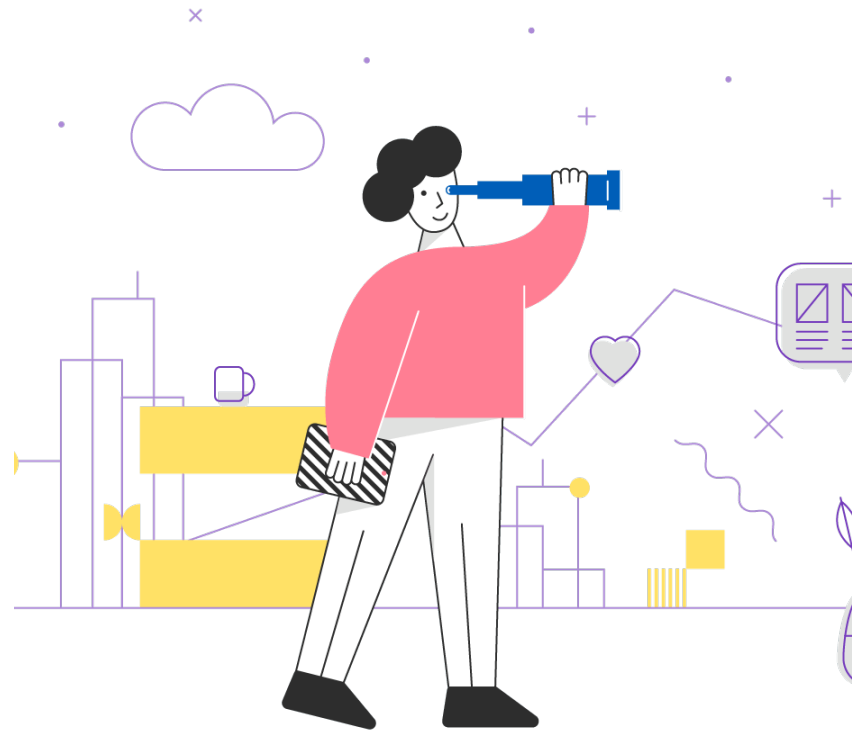
November-May  
For master's & doctoral  
students  
150-200 mentors



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# HOW TO FIND A SUMMER JOB?



# PREPARE YOURSELF

## Focus on your CV

- Clear structure, readability, check spelling, concise format
- Photo?, aalto-email address, phone
- Tailor CV to fit the position → Add a summary about your skills and experience in the beginning of your CV
- Show your personality: who you are and what you have learned not only your technical skills

# PREPARE YOURSELF

## Update your LinkedIn profile

- Be visible, good profile creates interest
- Add relevant information about your experience, studies and skills (avoid generalizations, organization slang)
- If you have done any special projects or publications, add those to your profile (or a link to another page where those are presented)

# PREPARE YOUR PITCH!

## & your Cover Letter

- Have an idea about the area or field you would like to work in
- Know your skills, experience & motivation related to the job
- Make a list of your top companies and find out how you could help their business – know your audience
- Be prepared to meet company representatives, understand their needs (business) and to present yourself in a professional manner
- **Make sure your content is relevant, your language is clear, your delivery is well-paced, you don't include any unnecessary details and that you do all you can to connect with your audience.**



# aalto.jobteaser.com

**A!** CAREER DESIGN LAB  
JOBTEASER

Dashboard Companies **Jobs** Events Job Search Guide Appointments

What are you looking for? CONTRACT 1 x JOB CATEGORY LOCATION 1 x

Industry Business type Duration Start date Level of study Experience Language 1 x Tag Remote work

SUBSCRIBE TO JOB ALERTS SAVE MY CRITERIA

**117** jobs match your criteria

**Junior FrontEnd Developer**

**VERTEX SYSTEMS OY**  
Vertex Systems Oy  
Summer job 1 to 4 months | Tampere (Finland) | Published 1 hour ago

Exclusive

**Summer Trainees to Nordea Life & Pension 2023**

**Nordea**  
Nordea  
Summer job 1 to 5 months | Helsinki (Finland) | Published 21 hours ago

Jobs for Aalto University

Our Exclusive Jobs

From Our Partners Aalto University


From Our Partners Aarresaari


From Our Alumni


Meet the recruiters

# LinkedIn

Summer job in Finland 338 results Set alert


**VTT** **VTT Summer of Changemakers: Research Trainee, Safety of intelligent machinery**  
VTT  
Espoo, Uusimaa, Finland (On-site)  
 4 connections work here  
Promoted • 2 applicants


**NESTE** **Summer Trainee, Credit Control**  
Neste  
Espoo, Uusimaa, Finland  
 165 company alumni work here  
Promoted • 2 applicants


**Valmet** **Summer jobs in Technical and Commercial Sales Support & Order Handling**  
Valmet  
Vantaa, Uusimaa, Finland (Hybrid)  
 4 connections work here  
Promoted • 6 applicants

**KONE** **Summer Trainee, People Flow Digital Twin**  
KONE  
Espoo, Uusimaa, Finland (Hybrid)

Internship in Finland 81 results Set alert

**HUAWEI** **Internship: Pointer boundary protections using memory coloring**  
Huawei  
Helsinki, Uusimaa, Finland (On-site)  
 40 company alumni work here  
Promoted • 12 applicants

**BearingPoint** **BearingPoint Internship 2023 – Business, Technology & Strategy Consulting**  
BearingPoint  
Helsinki, Uusimaa, Finland (Hybrid)  
 Your profile matches this job  
Promoted

**HUAWEI** **Internship: EUDI Wallet analysis and demonstrator**  
Huawei  
Helsinki, Uusimaa, Finland (On-site)  
 3 connections work here  
Promoted • 14 applicants

**HUAWEI** **Internship: Hardware-assisted Control-Flow integrity**  
Huawei

# LinkedIn connect request example

”

Hi X,

I found you on LinkedIn when searching for companies from my field. I'm at my final year in Aalto University and looking for a thesis position that could cover the following..... Can we connect?

Kind regards,

Your Name

”

# thehub.io

Job title or keyword

Helsinki, Finland

FI

Search


Roles


- Analyst (1)
- Backend developer (3)
- Business Development (1)
- Customer Service (2)
- Customer Success (1)
- CxO
- Data Science (3)
- Design (1)
- Engineer (8)
- Finance
- Frontend developer (2)
- Full-stack developer (19)
- HR (2)
- Legal
- Marketing & Communication (7)
- Mobile Development
- Operations (8)
- Product Management (1)
- Project Management (4)


Showing: 87 filtered jobs


Get an email with new jobs in this search

New jobs

 **Head of Community**  
Junction • Helsinki • Full-time

 **Ecosystem Mapper (Student Position)**  
Startup Foundation • Helsinki • Student • Part-time

 **Director of Procurement**  
Utopia Music • Helsinki • Full-time

 **Full Stack Software Engineer**  
Pentonet • Espoo • Full-time

# ONLINE HELP

+ **Online job search guide**

+ **Training videos for making CV,  
cover letter...**



**[aalto.jobteaser.com](https://aalto.jobteaser.com)**

Meet employers in the fields of arts, business, design and technology & explore diverse career paths!

AALTO  
UNIVERSITY  
—  
Talent —  
Expo



**A?** Aalto-yliopisto  
Aalto-universitetet  
Aalto University

**ONE-DAY ON-CAMPUS FAIR IN NOV 2<sup>nd</sup> IN OTAHALLI  
+ ONLINE OFFERINGS OCT 31<sup>st</sup> and Nov 1<sup>st</sup>**



# SUMMER

# JOB

# DAY



**ON THURSDAY 18.1.2024 ON CAMPUS**

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# FINNISH WORKING CULTURE

## Low hierarchy

- Already at school kids refer to teachers by their first name
- Management is easy to reach and talk to



# FINNISH WORKING CULTURE

## Autonomy and self-direction

- Individuals are expected to lead their own work
- Freedom to design your ways of working – "working smartly" to achieve desired outcome
- Proactive attitude in job-seeking



# FINNISH WORKING CULTURE

## Work-life balance

- Finns love their holidays
- Free-time is respected, working overtime is not expected
- Generous support for families





**2 ECTS**

**Register now**

# Finland Works

In this course, we will look at how to navigate Finnish working life and how to build a career. We explore working life in Finland from societal, organisational and individual perspectives. Once you have finished this course you will have a better understanding of work culture in Finland, what working in a Finnish company is like, how individuals find work-life balance in Finland, how to communicate your skills, and how to look for jobs in Finland. The course is an open online course. The course material is divided into five (5) chapters.

# LEARN MORE & STAY IN TOUCH



<https://careerdesignlab.aalto.fi>