

The AllWell? Results and Visualisations/ Power BI

How To Read Them?

In this presentation:

AllWell? results on the Power BI:

- **Link**
- **How to read the data?**
- **Read more about the AllWell?**

Where to find the results?

- The AllWell? numerical data can be found on the Power BI (log in with your Aalto account):

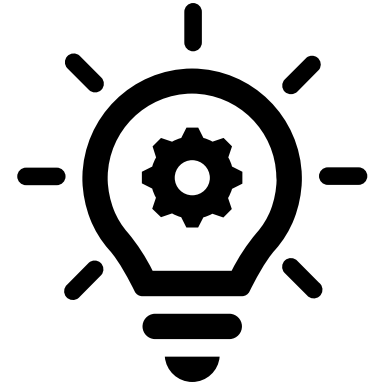
AllWell report – Power BI

Data visibility:

The rights to view data depend on the user's role. General staff at Aalto without additional rights will not be able to view data for programmes or majors with fewer than five respondents or for filtered groups with five or fewer students. Individual students cannot be identified from the data.

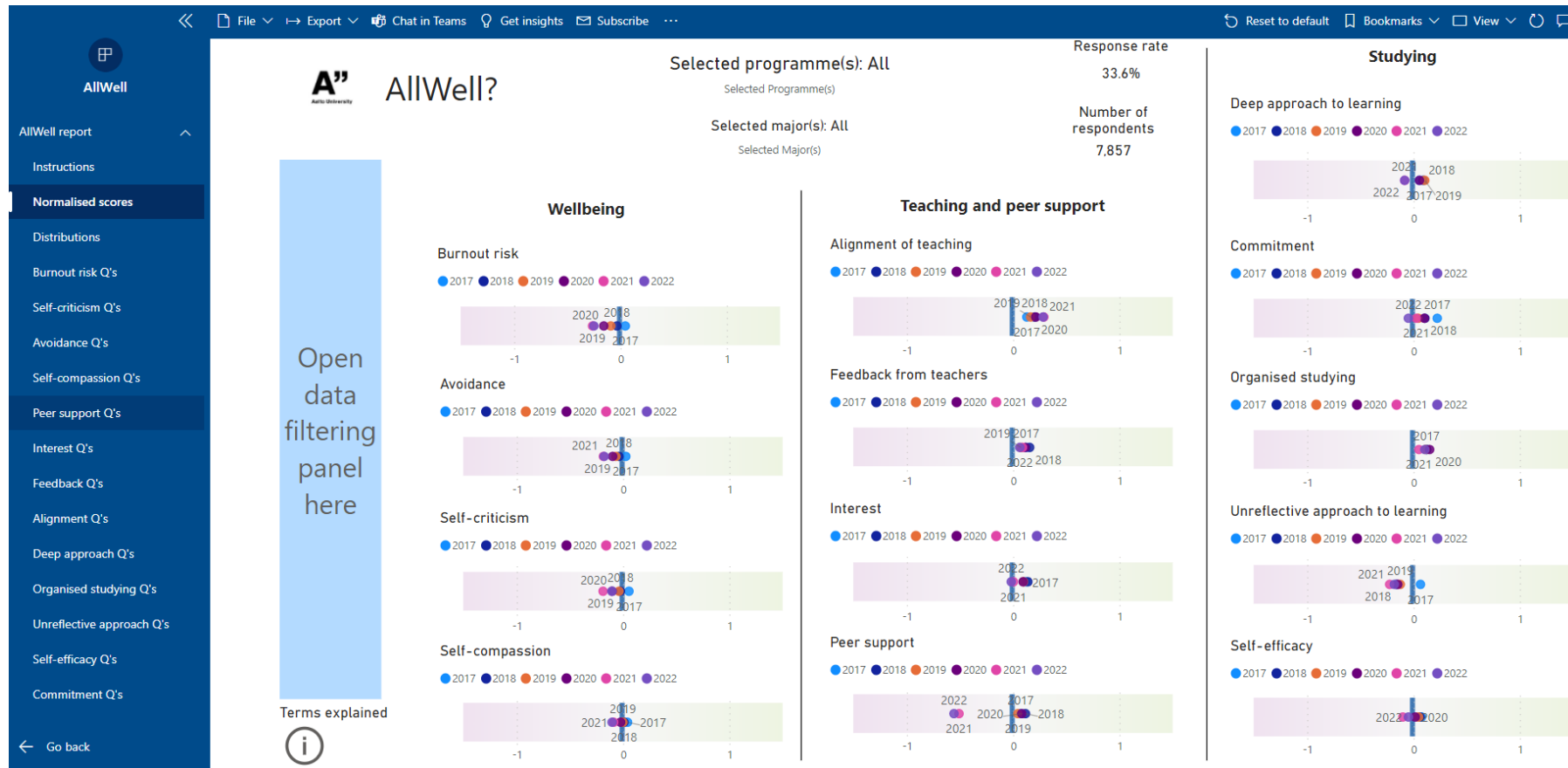
Use this AllWell? data:

- To understand how your students experience your programme
- To learn more about your students' wellbeing, study skills, motivation, and experiences of teaching
- To develop evidence-based pedagogy
- To bring your academic staff together and develop the programme
- Together with other student feedback collected (course feedback etc.)
- Discuss together with the programme (faculty and students)

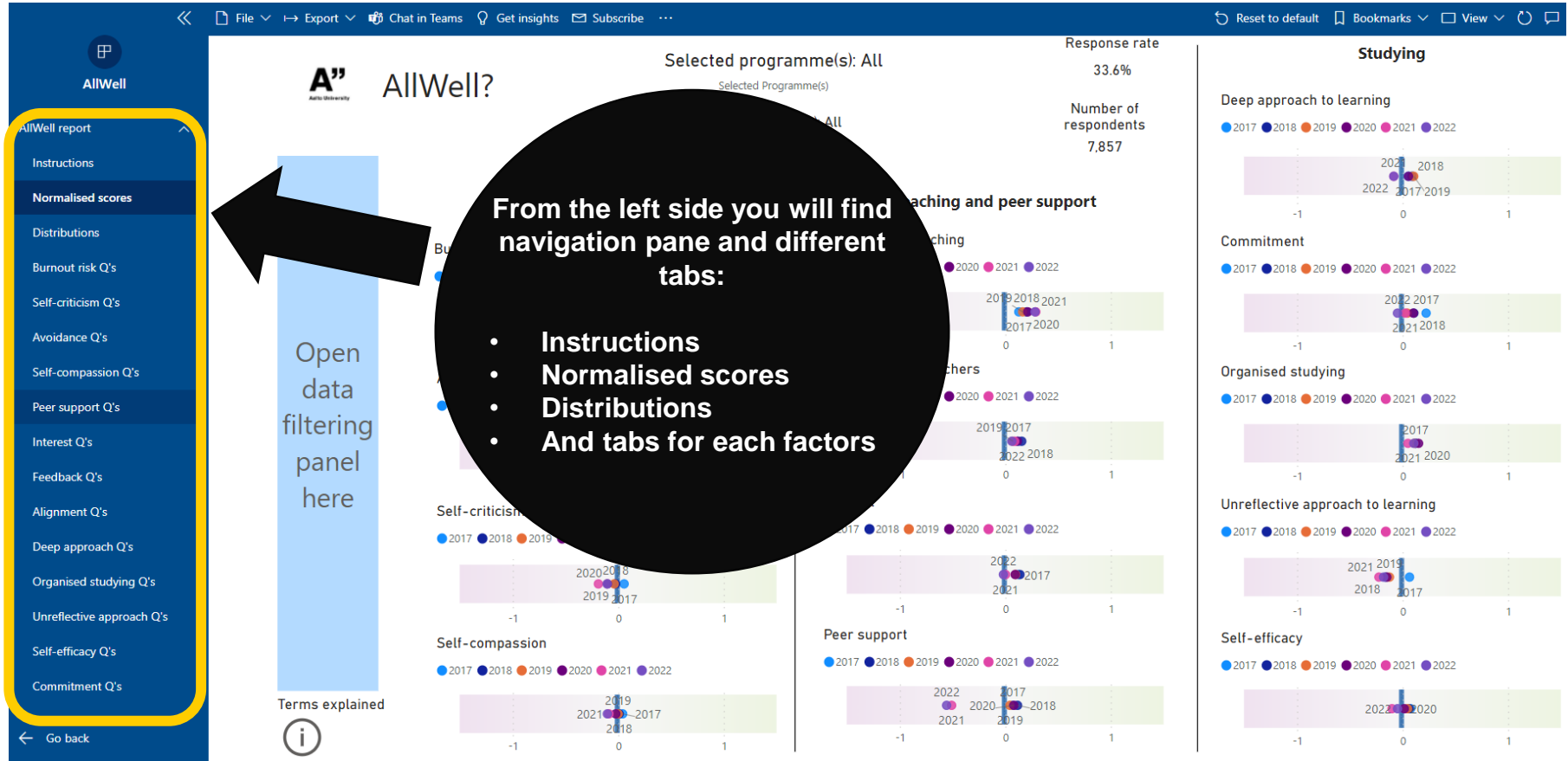


Results on the Power BI & How to read them

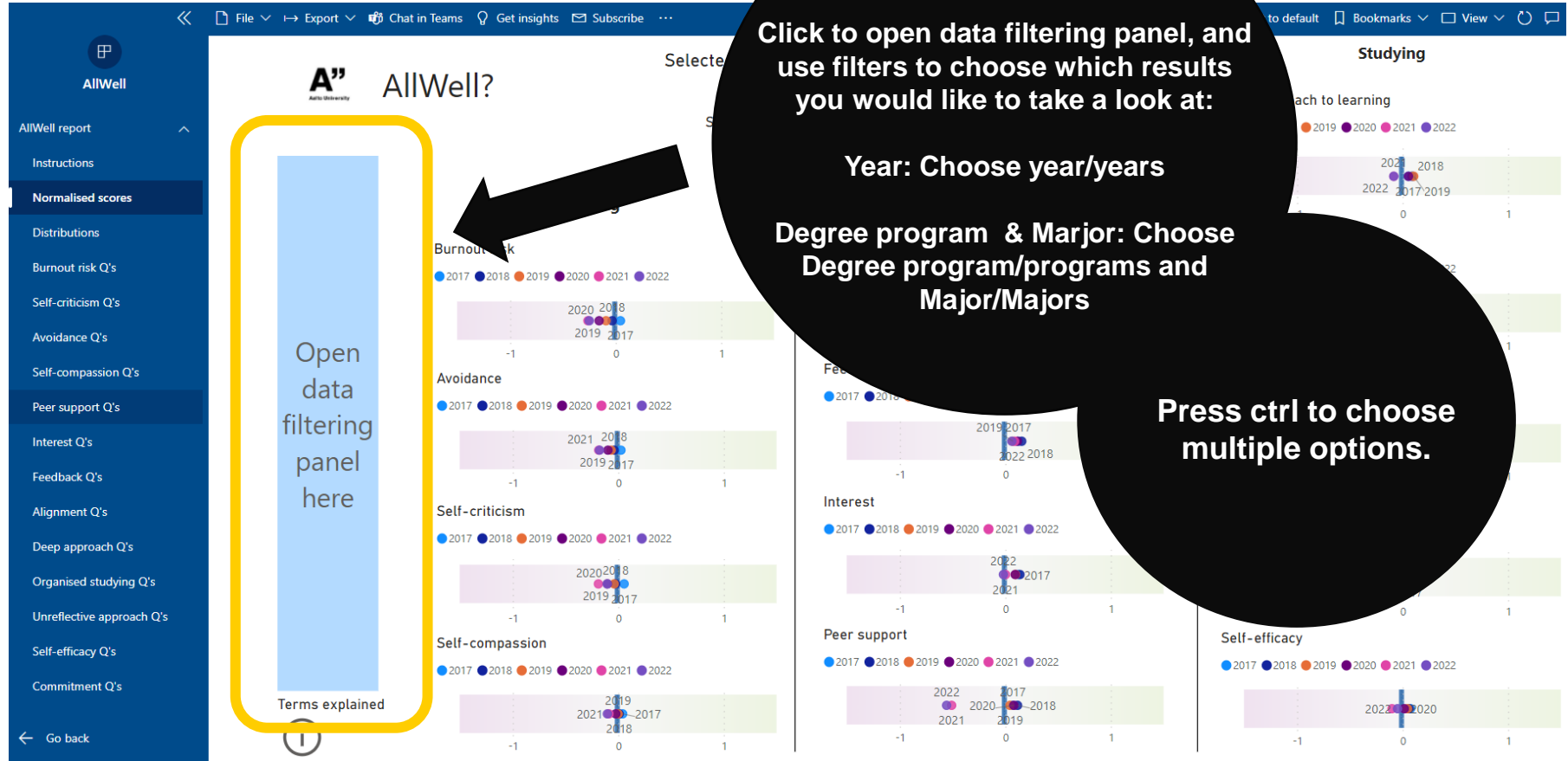
AllWell? report main page:



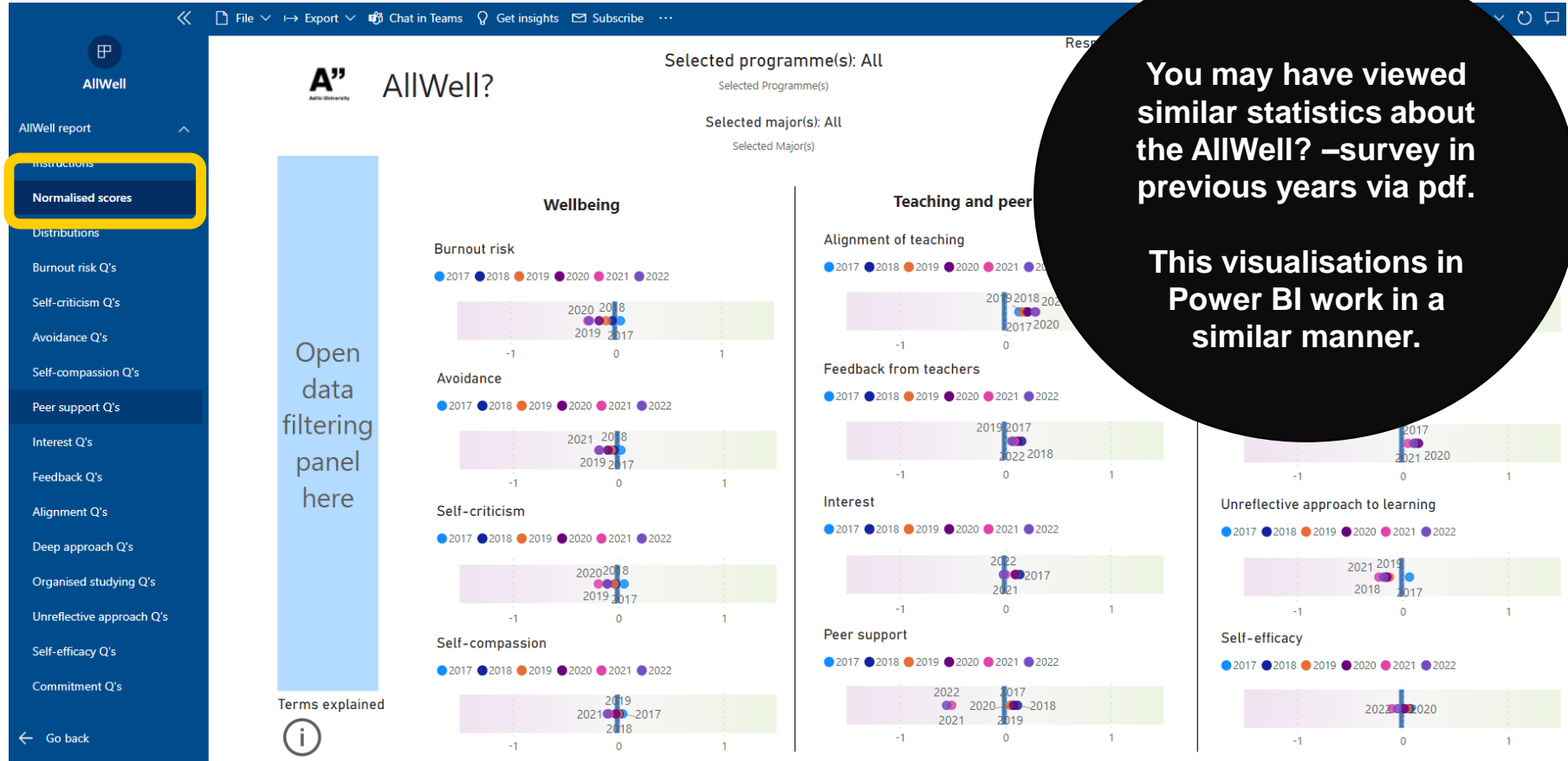
Results on Power BI



Filters:



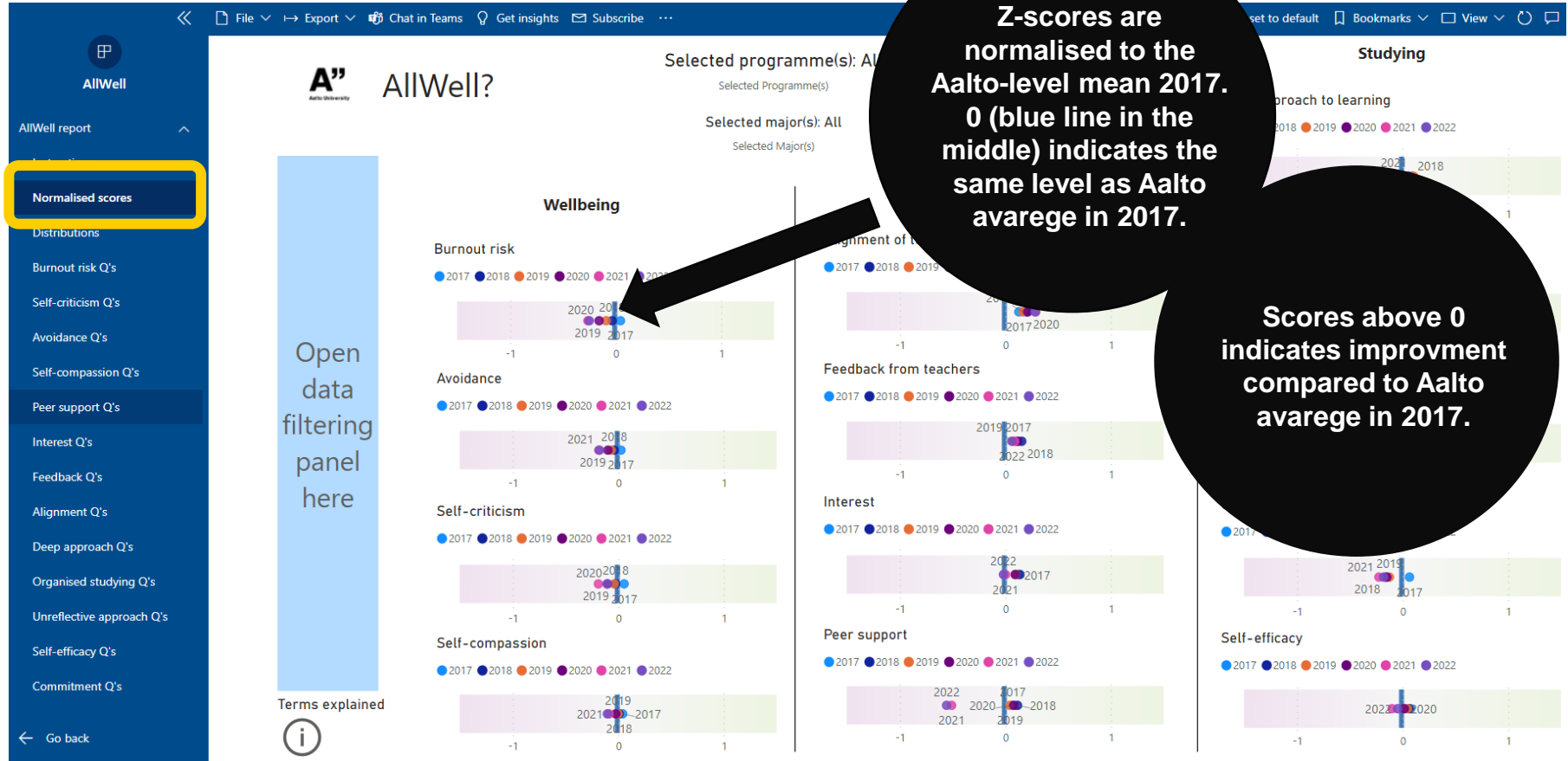
Page: Normalised scores



Factors are presented in three categories:



Normalised scores:



Page: Distributions



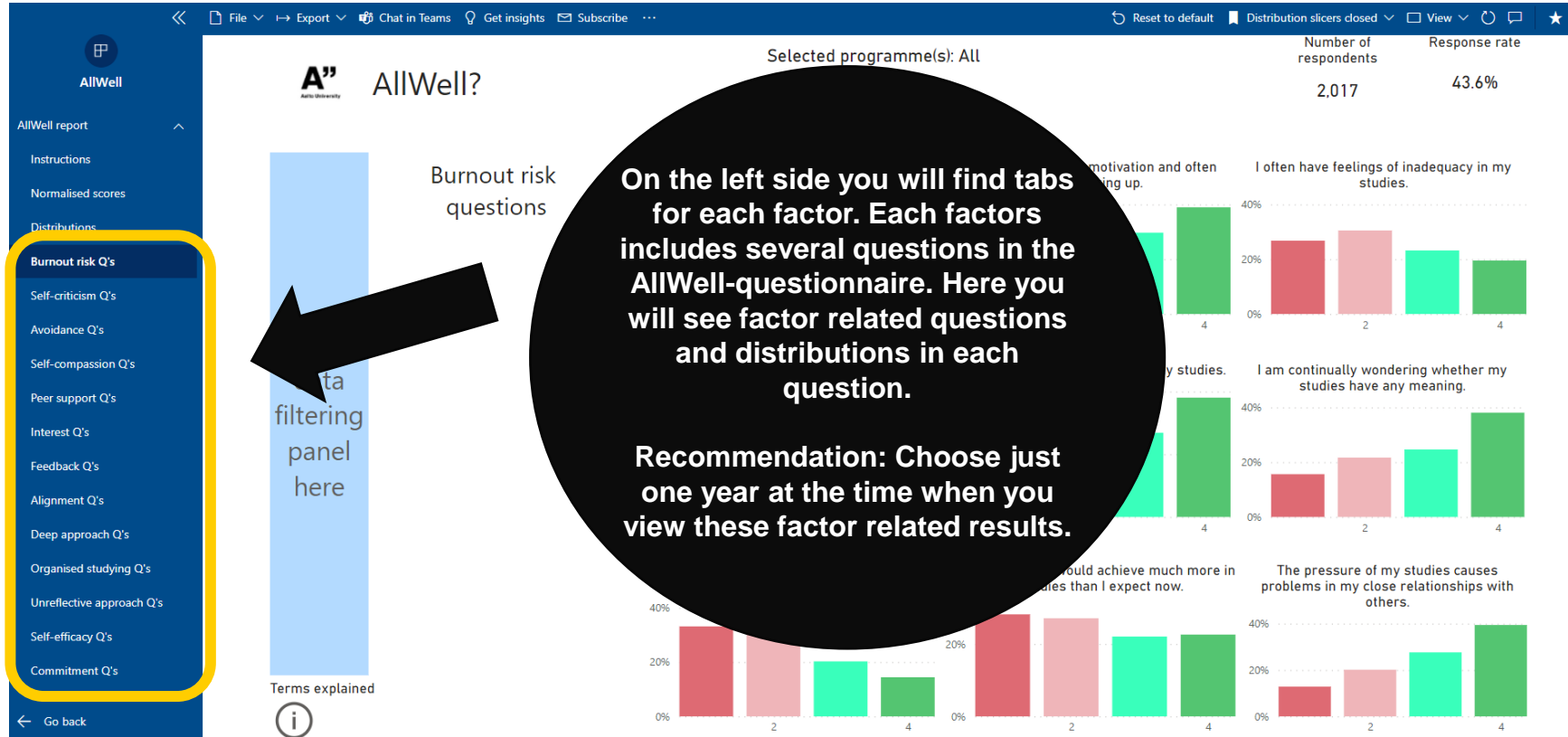
Visualisation: Distributions



Factors in three categories:



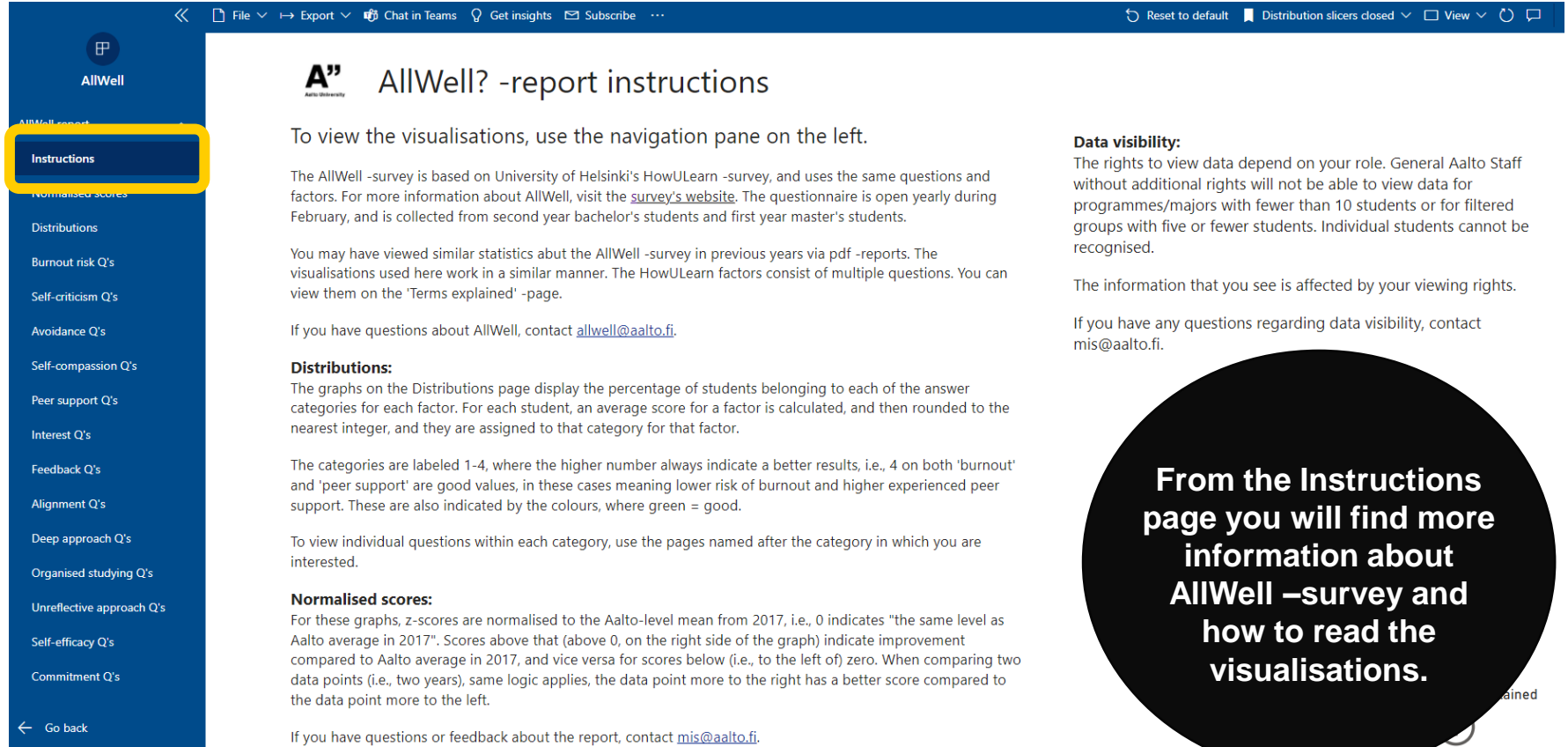
Page for each factor:



Burn out questions:



Page: Instructions



The screenshot shows a web application interface for the AllWell report. On the left is a dark blue navigation pane with a list of menu items. The 'Instructions' item is highlighted with a yellow rectangle. The main content area has a white background and a blue header bar. The header bar contains navigation icons and text: 'File', 'Export', 'Chat in Teams', 'Get insights', 'Subscribe', 'Reset to default', 'Distribution slicers closed', 'View', and a refresh icon. The main content area has a title 'A" AllWell? -report instructions' and a subtitle 'To view the visualisations, use the navigation pane on the left.' Below this is a paragraph explaining the survey's basis and a link to the survey's website. Another paragraph mentions previous years' reports and a link to 'Terms explained'. A contact email allwell@aalto.fi is provided. The 'Distributions' section explains the graphs and categories. The 'Normalised scores' section explains the z-scores and their interpretation. A contact email mis@aalto.fi is provided at the bottom.

Instructions

A" AllWell? -report instructions

To view the visualisations, use the navigation pane on the left.

The AllWell -survey is based on University of Helsinki's HowULearn -survey, and uses the same questions and factors. For more information about AllWell, visit the [survey's website](#). The questionnaire is open yearly during February, and is collected from second year bachelor's students and first year master's students.

You may have viewed similar statistics about the AllWell -survey in previous years via pdf -reports. The visualisations used here work in a similar manner. The HowULearn factors consist of multiple questions. You can view them on the 'Terms explained' -page.

If you have questions about AllWell, contact allwell@aalto.fi.

Distributions:

The graphs on the Distributions page display the percentage of students belonging to each of the answer categories for each factor. For each student, an average score for a factor is calculated, and then rounded to the nearest integer, and they are assigned to that category for that factor.

The categories are labeled 1-4, where the higher number always indicate a better results, i.e., 4 on both 'burnout' and 'peer support' are good values, in these cases meaning lower risk of burnout and higher experienced peer support. These are also indicated by the colours, where green = good.

To view individual questions within each category, use the pages named after the category in which you are interested.

Normalised scores:

For these graphs, z-scores are normalised to the Aalto-level mean from 2017, i.e., 0 indicates "the same level as Aalto average in 2017". Scores above that (above 0, on the right side of the graph) indicate improvement compared to Aalto average in 2017, and vice versa for scores below (i.e., to the left of) zero. When comparing two data points (i.e., two years), same logic applies, the data point more to the right has a better score compared to the data point more to the left.

If you have questions or feedback about the report, contact mis@aalto.fi.

Data visibility:

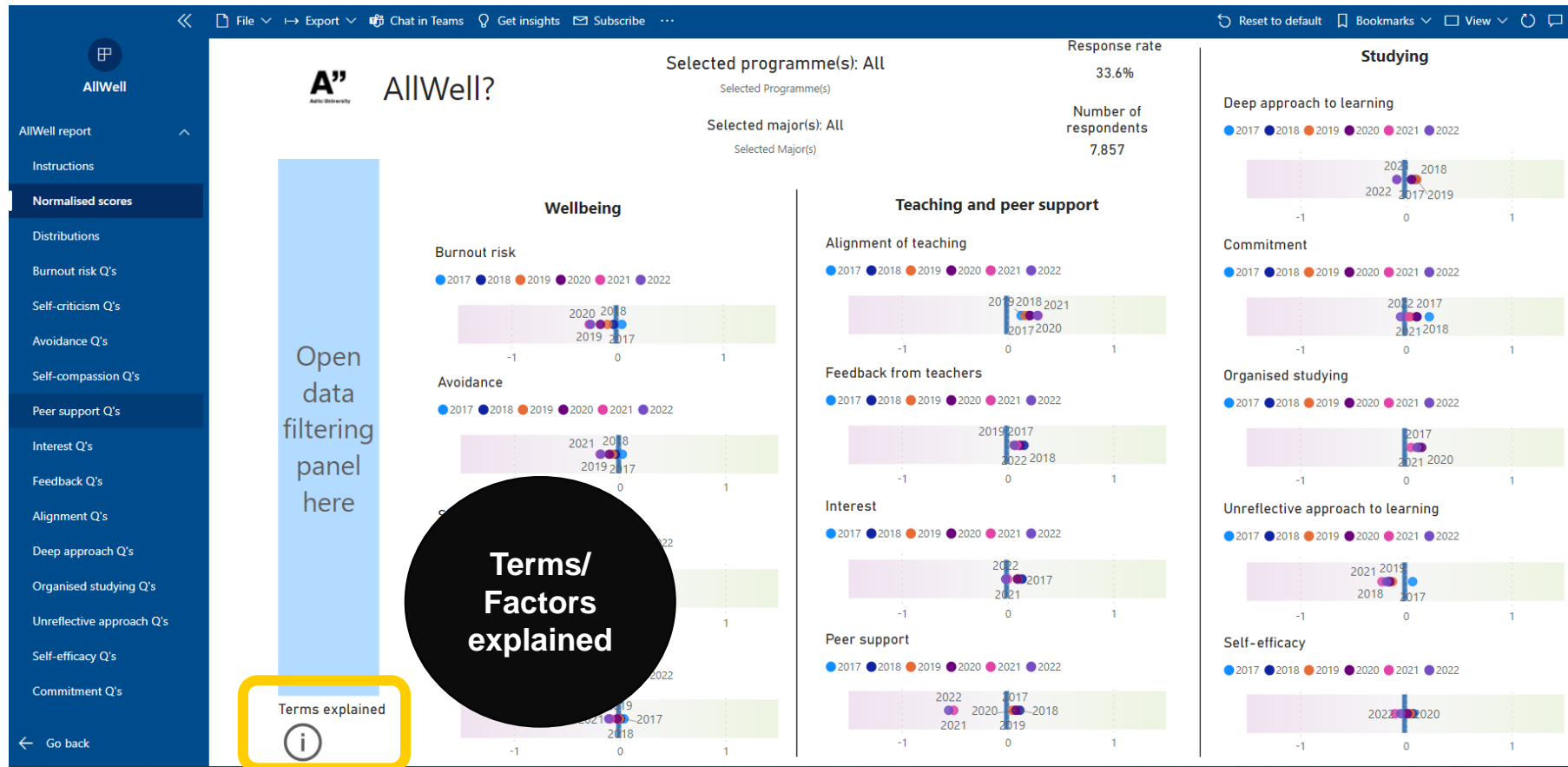
The rights to view data depend on your role. General Aalto Staff without additional rights will not be able to view data for programmes/majors with fewer than 10 students or for filtered groups with five or fewer students. Individual students cannot be recognised.

The information that you see is affected by your viewing rights.

If you have any questions regarding data visibility, contact mis@aalto.fi.

From the Instructions page you will find more information about AllWell –survey and how to read the visualisations.

Terms explained



Read more..

The AllWell? questionnaire in a nutshell

- The AllWell? questionnaire was conducted for the first time in spring 2017.
- Target group: second-year bachelor's students and first-year master's students.
- The AllWell? dimensions are grouped according to the study ability model (Kunttu, 2005; updated by the YTHS, 2022) used as a conceptual framework in this questionnaire (see next slide).
- According to the model, study ability consists of personal resources, study skills, teaching and study environment. The AllWell? questionnaire consists of these four categories, and major part of it is covered by the HowULearn instrument developed by the University of Helsinki (see <https://unihow.fi>).

Personal resources

- Study burnout
(*Salmela-Aro et al. 2009b*)
- Avoidance towards studying
(*Nurmi et al. 1995*)
- Self-compassion & self-criticism
(*Raes et al. 2011*)

Study skills (see more in *Parpala & Lindblom-Ylänne, 2012*)

- Deep approach to learning
- Unreflective approach to learning
- Commitment to studying
- Organized studying
- Self-efficacy as a learner

The AllWell? dimensions in the Study ability model

Teaching and counselling (see more in *Parpala & Lindblom-Ylänne, 2012*)

- Interest in teaching
- Feedback from teachers to students
- Alignment of teaching

Study environment (see more in *Parpala & Lindblom-Ylänne, 2012*)

- Support from other students

Terminology

Deep	Deep approach to learning	<i>Syväsuuntautunut oppiminen</i>	Study skills
Organized	Organized studying	<i>Organisoitunut opiskelu</i>	
Surface	Surface approach to learning	<i>Pintasuuntautunut oppiminen</i>	
Self-Efficacy	Trust oneself as learner	<i>Itseluottamus opiskelijana</i>	
Commitment	Commitment to studying	<i>Sitoutuminen opintoihin</i>	
Interest	Interest in teaching	<i>Opetuksen kiinnostavuus</i>	Teaching and peer support
Alignment	Alignment of teaching	<i>Opetuksen linjakkuus</i>	
Feedback	Feedback from teachers to students	<i>Palaute opettajilta</i>	
Support	Support from other students	<i>Tuki opiskelukavereilta</i>	
Avoidance	Avoiding study tasks	<i>Opiskelun välttely</i>	Wellbeing
SelfCriticism	Harshness toward oneself	<i>Ankaruus itseä kohtaan</i>	
SelfCompassion	Compassion toward oneself	<i>Myötätunto itseä kohtaan</i>	
BurnoutRisk	Burnout risk: Feeling stressed and lacking motivation	<i>Uupumusriski: Stressaantuminen ja alentunut motivaatio</i>	