# CLIMATE CHANGE, HEALTH AND ARCHITECTURE

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**Prof. Kuittinen**  
**Joint sessions**  
**Break**  
**Working time**  
**Draft - May 2021**

## WEEK 1

### MONDAY

**Theme**

- Introduction and motivation

**9:15 - 10:30**

- **INTRO session Who we are**

**10:30 - 10:45**

- Definitions of health

**10:45 - 12:00**

- Recap: Climate change and its impacts

### TUESDAY

**9:15 - 10:30**

- Health climatic drivers

**10:30 - 10:45**

- Extreme weather events

**10:45 - 12:00**

- Air quality

### WEDNESDAY

**9:15 - 10:30**

- Future of the built environment

**10:30 - 10:45**

- The Anthropocene and construction

**10:45 - 12:00**

- Life cycle approach to building

### THURSDAY

**9:15 - 10:30**

- From reaction to proaction

**10:30 - 10:45**

- What is mitigation?

**10:45 - 12:00**

- Handprints: Carbon sinks and storages in the built environment

### FRIDAY

**9:15 - 10:30**

- Carbon neutrality

**10:30 - 10:45**

- Footprints: Carbon emissions over the life cycle of a building

**10:45 - 12:00**

- Pitching and communication

## WEEK 2

### MONDAY

**Theme**

- Internationality

**9:15 - 10:30**

- Adaptation planning & understanding co-benefits

**10:30 - 10:45**

- Built environment and health, relational values to earth

**10:45 - 12:00**

- International resources

### TUESDAY

**9:15 - 10:30**

- Health and mind

**10:30 - 10:45**

- Ecological anxiety and psychological adaptation

**10:45 - 12:00**

- Policy interventions in the built environment

### WEDNESDAY

**9:15 - 10:30**

- Design interventions

**10:30 - 10:45**

- Examples from design

**10:45 - 12:00**

- Constructive questioning: Post-humanism, biocentrism, etc.

### THURSDAY

**9:15 - 10:30**

- Values, philosophy and action

**10:30 - 10:45**

- Unlearning - unbuilding - undoing

**10:45 - 12:00**

- Becoming an agent of change

### FRIDAY

**9:15 - 10:30**

- The way forward

**10:30 - 10:45**

- Principle: Do no harm

**10:45 - 12:00**

- Final joint session: The way forward

**1:00 - 2:30**

- Mentoring

**2:30 - 2:45**

- Mentoring

**2:45 - 4:00**

- Discussion

**4:00 - 5:00**

- Course feedback