



**TEAMWORK**  
*First-Aid Kit*

**TALK GOOD**  
*behind one's back*

# TALK GOOD BEHIND ONE'S BACK

1

## IDENTIFY THE POSITIVE

*Pick **one thing** you'd like to share about each of your colleagues.*

*Pick one thing you'd like to share about each of your colleagues present and write these thoughts down.*



*10 min for 5-member team*

2

## THE LISTENER & TALKERS

*Form a circle.*

*One person will **go and sit outside the circle and listen 'secretly'** what colleagues talk about her/him.*

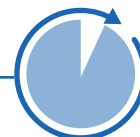


3

## SHARE POSITIVE INSIGHTS

*In a circle, start to chat freely good things about the person sitting outside the circle.*

*You can begin with the thing you picked to share, and also build on others thoughts.*



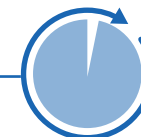
*5 min / person*

4

## REFLECT

*Finally the person sitting outside the circle **turns around and reflects** on what has been said – how did it feel, were there surprises, what was especially meaningful?*

*Or just says 'thank you'.*



*2 min / person*