

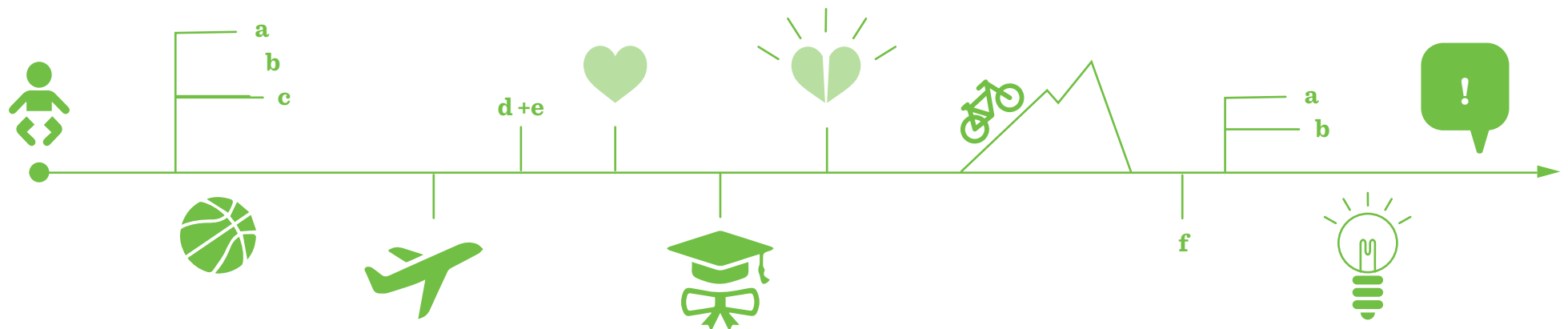
TEAMWORK
First-Aid Kit

LIFELINE

exercise

LIFELINE EXERCISE

- 1 *Draw a "lifeline" & mark significant occasions in your life, e.g. HOBBIES, STUDIES, WORK EXPERIENCE, VOLUNTARY WORK etc.*
- 2 *Think: How has the different time periods affected your PROFESSIONAL SKILLS?
How have they built up your personal STRENGTHS & OTHER CAPABILITIES?*





LIFELINE EXERCISE



15 min

This is my lifeline:



LIFELINE EXERCISE



10 min
per team member

1 *Share your story!*

2 *Think: Based on your experience, WHAT WILL YOU BRING TO THE TEAM/PROJECT?*
Skills, knowledge, experience, understanding etc.

