

# Welcome to *sustainable* Aalto!

Aalto University is committed to UN's Sustainable Development Goals.  
Let's act sustainably for the wellbeing of all!

## Education and research

The most effective way to improve sustainability is through your studies. Sustainability activities are coordinated by **Aalto Sustainability Hub**. Learn more about sustainability in

- education: [aalto.fi/en/sustainability/education](https://aalto.fi/en/sustainability/education)
- research: [aalto.fi/en/sustainability/research](https://aalto.fi/en/sustainability/research)
- Aalto's all activities: [aalto.fi/sustainability](https://aalto.fi/sustainability)

## Purchases

We consider responsibility in all procurement. It's easy to consume sustainably:

- Useful sites and groups for exchanging goods and services in Otaniemi at [aalto.fi/ecocampus](https://aalto.fi/ecocampus)
- Check also [kierratyskeskus.fi/en](https://kierratyskeskus.fi/en)
- Otaniemi recycling center is the perfect place to rent your homeware. You can also donate, buy and get free useful stuff in the heart of the campus, [kierratyskeskus.ayy.fi](https://kierratyskeskus.ayy.fi), [fb.com/reuseandrescue](https://fb.com/reuseandrescue)

## Recycling

The best waste is no waste. Sort waste according to provided instructions, both on campus and in your spare time.

Read more: [hsy.fi/en](https://hsy.fi/en) and [aalto.fi/recycle](https://aalto.fi/recycle)



## Electronics, IT

Use computers and other devices eco-efficiently. The Aalto IT Service Desk can help you.

- Check the power save settings on your computer, even the sleep mode uses power.
- Turn off the screen, lights and devices, when not in use.
- Minimise your paper consumption, print on both sides of a paper and in smaller font.

## Housing and university buildings

Aalto aims for energy efficiency in campus. You have an impact too:

- Book and find rooms on campus with Aalto Space App
- Switch to green electricity, e.g. [ekosahko.fi](https://ekosahko.fi)
- "No adds please" sticker in your door cuts down the paper waste.
- Save water and energy.

## Transport

Aalto strives for sustainable mobility together with HSL and cities.

- Whenever possible walk, cycle or use public transportation, favoring rail traffic, [reittiopas.fi/en](https://reittiopas.fi/en)
- Journey planner for cyclists: [pk.reittiopas.fi/en](https://pk.reittiopas.fi/en)
- Yellow Alepa citybikes: [kaupunkipyorat.hsl.fi/en](https://kaupunkipyorat.hsl.fi/en)
- Borrow a carrier bike from Dipoli or Väre.
- Fix your bike in Otaniemi at BFIX bike repair points or [bikepoli.fi](https://bikepoli.fi)
- Carsharing e.g. [citycarclub.fi](https://citycarclub.fi)
- Compensate your emissions e.g. [compensate.com](https://compensate.com)

## Food

After housing and mobility, food is the most significant factor affecting climate change.

- Favour vegetarian and seasonal foods, as well as local, organic and fairtrade.
- Only take as much as you can eat.
- Use proper cutlery, instead of paper or plastic.
- Tapwater is an ecological choice for drink.
- Urban gardening plots in Otaniemi: [fb.com/OtaniemiUrbanGarden](https://fb.com/OtaniemiUrbanGarden)

## Wellbeing and socializing

- Student mental health is supported by [nyyti.fi/en](https://nyyti.fi/en)
- Aalto psychologists organize climate anxiety support groups.
- The Student Union AYY is a good platform for promoting sustainable and ethical activities, e.g. Environmental Club of Otaniemi, and Sustainable Business Club. Read more: [ayy.fi/en/associations/](https://ayy.fi/en/associations/)
- Organise your events sustainably: [greeningevents.fi](https://greeningevents.fi)

## More information

[aalto.fi/sustainability](https://aalto.fi/sustainability)



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