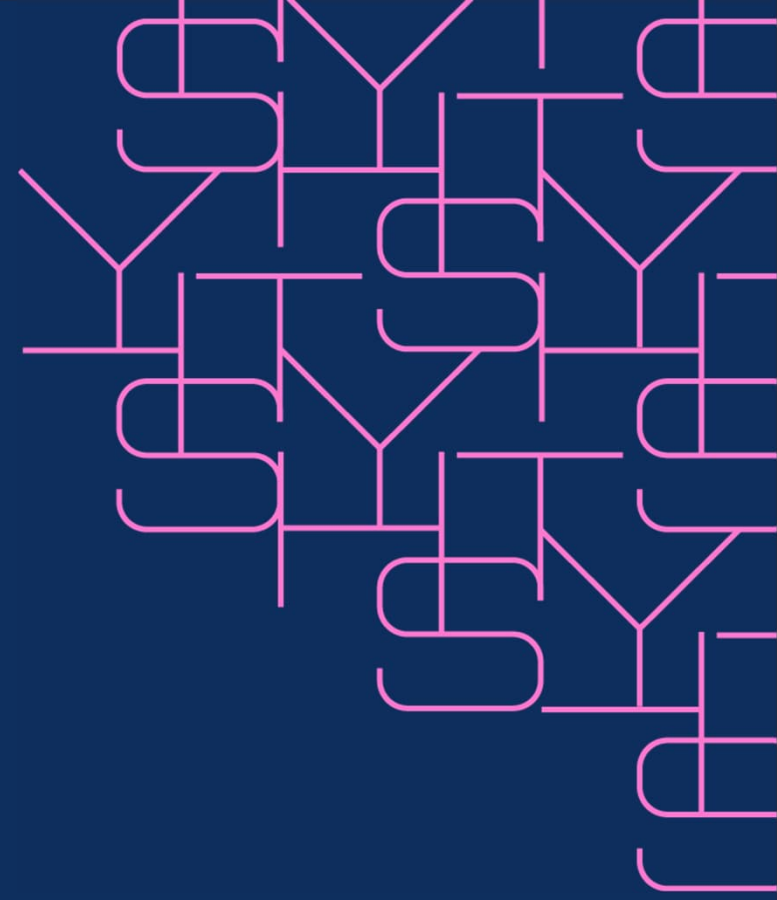




Welcome to FSHS's services

27 August 2026, Aalto University



Our services:

- General and mental health services (Otaniemi Espoo, Töölö and Malmi Helsinki)
- Oral health services (Töölö FSHS)
- Promoting the well-being of higher education communities
- Health promotion

Urgent treatment and emergency services

The FSHS does not provide emergency care. If you need urgent medical assistance, please contact your local emergency services.





Start using FSHS's
digital services!

More information:
yths.fi/en/YTHSDigi

Contact the
assessment of need
for treatment team

- In YTHSDigi via
care chats
- Via our national
service numbers



After completing the HealthStart questionnaire, you'll receive feedback on the state of your health.

More information:
yths.fi/healthstart





Pay the healthcare fee for students in higher education to Kela for each semester unprompted.

Please note the exceptions to the fee, if you have social security coverage from another EU/EEA country, Switzerland, Great Britain or Northern Ireland.

See Kela's instructions:
kela.fi/healthcare-fee



Finnish personal identification number

Once you have received your Finnish personal identity number, please contact the student office at university to update your information with the FSHS, so you can use the services.





Familiarize yourself more closely with our services and instructions on how to use them on our website fshs.fi.

You can also follow us on social media.



Good luck with
your first
academic year!



Thank you!

