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Practical matters and general information related to Master's studies

Learning services / School of Business 2026

Orientation week programme

Monday 24.8.2026

13.15-15.00 Practical information on studies



Tuesday 25.8.2026

10.00-18.00 Master's programmes' kickoffs

See detailed schedule at the [Starting your studies –page](#)

Wednesday 26.8.2026

10.00-11.00 Drop-in: tuition fee and scholarship advice

14.15-15.45 Campus tour with tutors

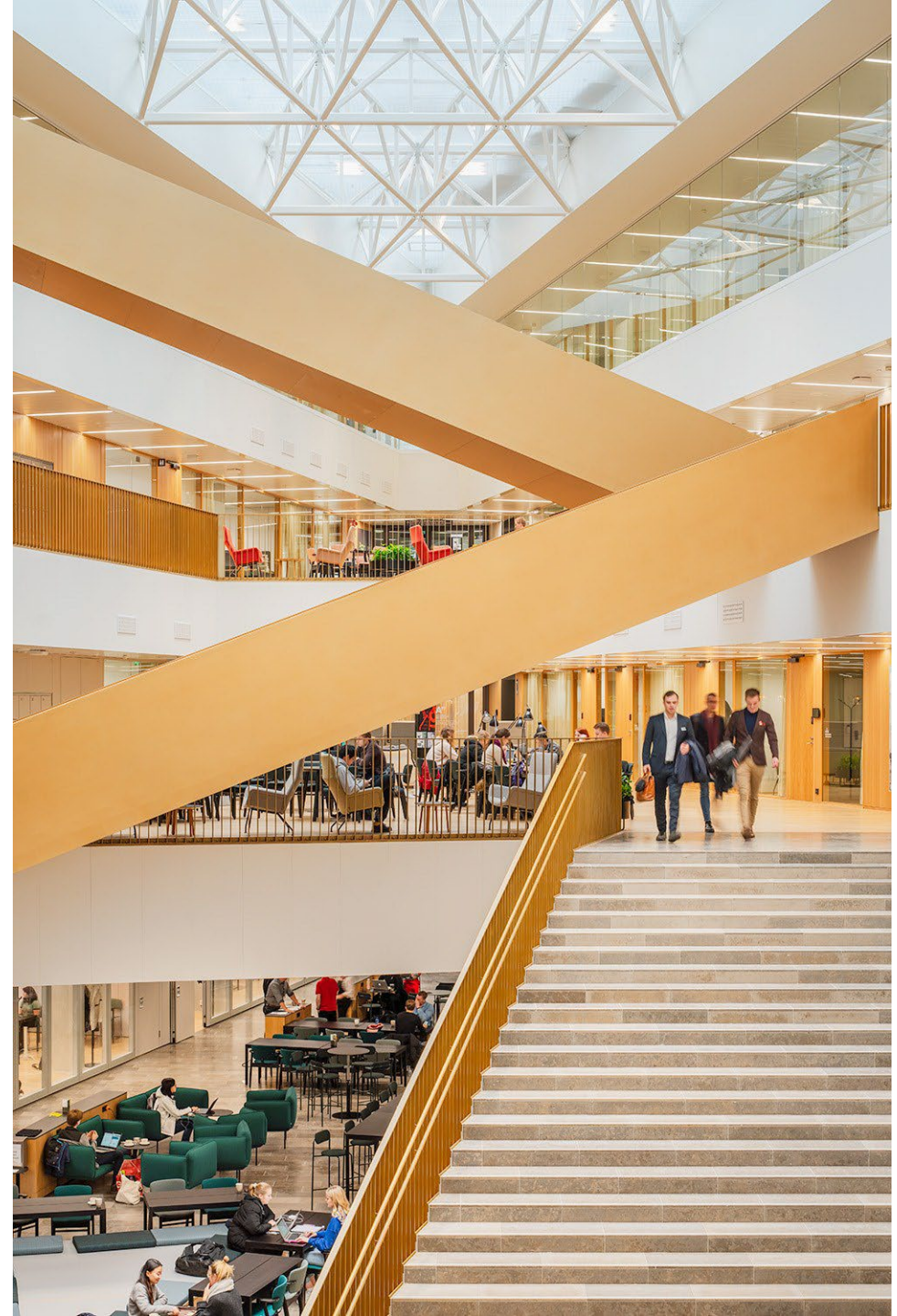
16.00-18.00 Welcome Evening for new Master's students

Thursday 27.8.2026

10.00-15.00 Aalto Welcome Fair (*mandatory*)

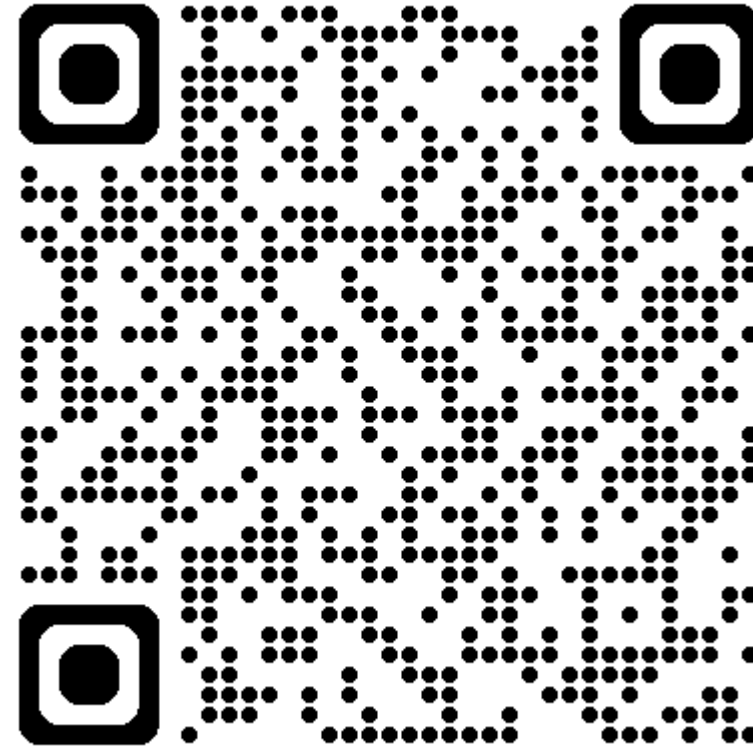
**ALL PRESENTATION MATERIALS WILL BE PUBLISHED ON THE STARTING
YOUR STUDIES -PAGE**

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Questions? Join our Presemo!

[https://presemo.aalto.fi/
bizmasters2026](https://presemo.aalto.fi/bizmasters2026)



Agenda

1. Learning services

2. Planning of studies

3. International study options

4. Starting Point of Wellbeing

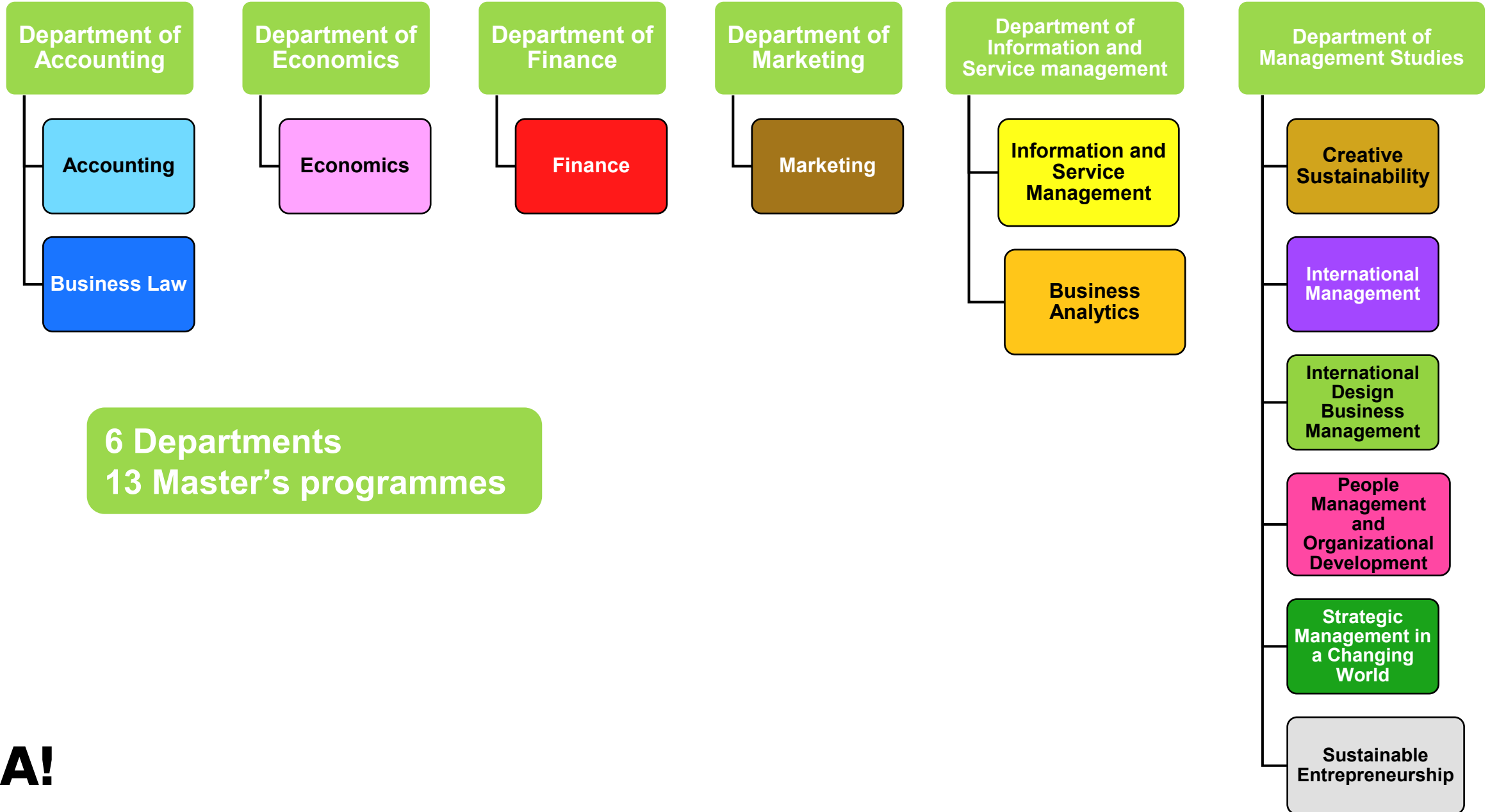


Learning Services

Who and what?



Welcome to the School of Business (BIZ)



School of Business Learning Services (LES)

- Study counselling (programmes-biz@aalto.fi)
- Exchange services (outgoing-biz@aalto.fi)
- Graduation and general study affairs (studentservices@aalto.fi)

Primarily communication from and to the Planning Officer of your degree programme:

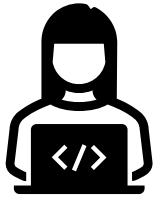
- Programme-specific information sent to all students
- Aalto BIZ Study Newsletter sent to you at the beginning of each teaching period (new courses, upcoming application periods, changes, current matters)

Remember to update the release information in Sisu.

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Study guidance and counselling

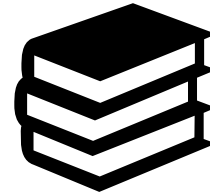


Study guidance

Guidance on planning of studies from an administrative point of view:

- Programme specific information
- Personal study plans
 - Check that PSP is in accordance with the degree requirements
 - Offers support for making PSP and approves modules
- Counselling related to university and school processes

If you don't know who to contact, contact your Planning Officer (programmes-biz@aalto.fi) 😊



Academic advising

Guidance for planning studies from an academic perspective

- Reflection on study and working life goals
- Discuss how well selected courses and minor support your personal career goals
- If you need support in choosing a topic for your master's thesis

See more services at: Support for Studying | Aalto University

Communications

- **Follow your Aalto email regularly;** important messages for studies will be sent there.
- **Respond to your messages and follow their instructions** promptly or by the given deadlines.
- **Remember to communicate in a respectful and businesslike manner** in study-related matters and in channels and platforms such as MyCourses and Presemo. Properly communicating in a clear and positive manner is a skill that you will need also in working life, so why not practise it already during your studies!

— Academic rules of fair play

Pia Lahti, Manager of Academic Affairs,
School of Business (Aalto BIZ)
2026



Academic culture at Aalto

- **Minimal hierarchy:** Everyone is addressed on a first name basis.
- **Mutual respect:** Teachers and students treat each other with respect.
- **Active participation:** Students are active members of the learning culture.
- **Opinions are appreciated:** Students are encouraged to express opinions and give feedback, and their input is appreciated.

Please remember...

- Teaching and studies are governed by rules; get to know them!
- Abide by the rules on studies; they are not just recommendations.
- Stay on top of your course deadlines.
- Misconduct and cheating (whether intentional or not) are strictly forbidden.

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Student responsibilities for their studies and the study community

- **Students create their own study paths:** You choose your options and set your own goals for studies and learning – no one else can do this better than you. Take advantage of the opportunities to make your studies your own.
- **Responsibility and opportunity:** Using your study time optimally for learning and diversely developing your expertise is your own responsibility. Make the most of the opportunities to learn new things and to develop!
- **The Aalto community:** Every Aaltonian has a responsibility for the atmosphere and well-being of the student community. The Aalto community is you!

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Rules of Conduct

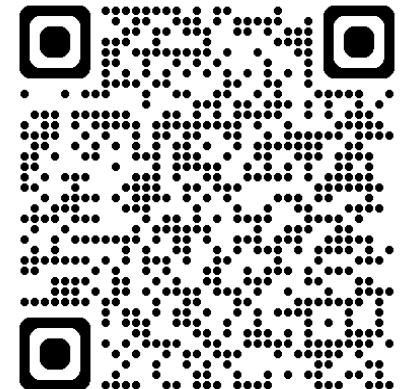
- The Rules of Conduct keep Aalto safe and accessible and ensure facilities, property and services are used for core purposes: study, research, work and other agreed uses:
- [Aalto University Rules of Conduct | Aalto University](#)



Rules for fair play

- The Code of Conduct contains principles and fair play rules to help us make good ethical choices and clarify our compliance with the Aalto values.
- As members of Aalto, we:
 - conduct ourselves in a fair and honest manner
 - show respect to others irrespective of background
 - promote open dialogue and the free exchange of ideas
 - build mutual trust and actively seek the safety and well-being of ourselves and others
- Inappropriate conduct and harassment are not tolerated. Everyone has the right to a safe and respectful environment.
- Everyone in the Aalto community is to take the online Code of Conduct course; it provides a fuller understanding of Aalto's ethical guidelines.

Complete the **mandatory** course for students at
<https://mycourses.aalto.fi/course/info.php?id=41628>



Good study practices

- Our goal is for students to succeed in their studies and careers while learning the best academic and professional practices in their field.
- The ethics rules aim to ensure student learning while respecting the student's own achievements and the achievements of others.
- Learning demands intellectual effort on the part of students. Study credits gained through misconduct don't demonstrate a student's competence or independent thinking.
- 'Misconduct in studies' refers to dishonest acts or means to falsely represent a student's abilities or those of another person.
- Misconduct includes both intentional and accidental actions, attempts at misconduct, and helping someone else commit misconduct.
- Misconduct means disrespect for both the teacher and the academic community.
- More information: [Aalto University Code of Academic Integrity in Studies \(in force from 1 January 2025\) | Aalto University](#)

Good study practices and AI

- The teacher of the course may decide on restrictions on the use of AI on a course- or task-specific basis if achieving the learning objectives of the course requires it.
- Students are always responsible for the content of the work they turn in.
- Teachers may ask a student how AI was used in a learning assignment.
- **Unless otherwise instructed, using AI for phrasing a text or generating ideas is OK; Presenting AI-generated text as if it were your own writing is NOT OK. The gist and bulk of texts must be your own thinking.**
- If you have questions about AI, ask the teacher for further instructions before using it!
- Please follow the instructions: <https://www.aalto.fi/en/services/guidance-for-the-use-of-artificial-intelligence-in-teaching-and-learning-at-aalto-university>
- Tips for using artificial intelligence for students: <https://www.aalto.fi/en/services/tips-for-using-artificial-intelligence-for-students>
- Aalto AI Assistant open to students: <https://ai.aalto.fi/> (<https://www.aalto.fi/en/services/ai-training-and-ai-tools-for-aalto-university-teachers-and-students>)

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AI info in a nutshell for Aalto students



Studying trains your brain. Don't take shortcuts!

AI reads, AI writes, AI solves – AI gets better  

→ **You don't learn**  

You read, you write, you solve

→ **You learn**   

AI is a tool, but does not replace your learning process

AI can help explain concepts, organise ideas, offer opportunities for practice, and support drafting. It should not replace the learning process.

**Do not outsource
your thinking to AI**



AI supports your thinking and learning

Explains a concept

Gives examples

Asks you questions

Challenges your idea

Gives feedback on your draft



AI replaces your thinking

Completes the task for you

Generates the solution

Gives you the answers

Draws the conclusions

Writes the submission for you

AI can be wrong

Artificial intelligence can:

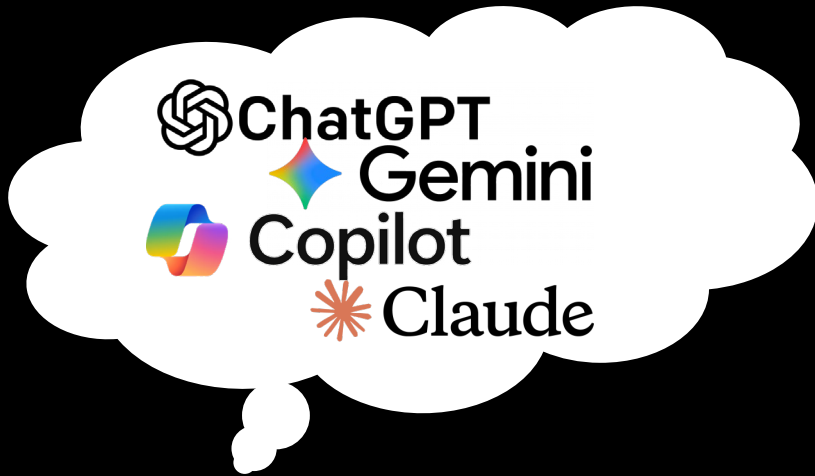
- invent sources and references
- misrepresent research findings
- make calculation errors
- present guesses as facts



AI uses a degree of randomness to be creative. The same randomness can sometimes lead to mistakes.

Always inspect AI output.

Protect confidential and personal data



Commercial AI tools:
Your data may be used to train the
language model.

Even if your data is not used to train AI, it is still stored
by the service provider.

→ Be careful with confidential, personal, or sensitive
information.



Aalto AI Assistant

- Your prompts and files are not used to train AI models.
- Your conversations are private and visible only to you.
- You can process confidential or Aalto-internal information.
- You can analyse text, images, and PDFs.
- You can choose from the latest or more energy-efficient AI models.

Check the course-specific guidelines

Even if our university generally permits AI use, individual instructors or courses may limit the use of AI.

Before turning to AI, check whether the answer can be found in the course material. Learning often begins by going over the material yourself.

Levels of permitted AI use in learning tasks at Aalto:

1. AI Forbidden

2. AI Restricted to Ideation Only

3. AI Allowed with Approval and Attribution

4. AI Allowed with Attribution

5. AI as part of the task

Using AI in your studies

- Use AI to support learning, not to do the learning for you.
- If you use AI, say so.
Transparency is part of academic integrity.
- Use Aalto-approved AI tools
- Always check the course-specific guidelines



More information about the use of AI can be found in the Student Guide:

www.aalto.fi/en/student-guide/students-using-ai-in-your-studies-tools-tips-and-best-practices

Support in cases of harassment

- If you face harassment or inappropriate conduct: tell them to stop (if safe), document it, and seek help (teacher/Manager of Academic Affairs/ Student Union harassment contact persons/Starting Point of Wellbeing)
- Aalto follows a clear, confidential process: impartial review, support from specialists, and disciplinary action when needed. Crimes should be reported to the police.
- Know the line: bullying, marginalisation, sexual/gender harassment, threats, hate speech, exclusion, coercion and stalking are prohibited; academic debate and constructive feedback are not. Contacts and services are listed on this site: [Support in cases of harassment | Aalto University](#)



Consequences

1. A study attainment may be left ungraded if the student is deemed to have violated against the Code of Academic Integrity while completing it.
 - Student will not be given an extra possibility to complete the course. You will need to retake the course the following academic year.
 - If the violation is noticed after the course, the course may be marked as “Fail” afterwards
2. In serious cases a student who has been found guilty of misconduct (i.e. ‘acts under false pretenses’) may be cautioned or suspended for a maximum of one year as a disciplinary measure, depending on the severity of the violation. Also, students who have assisted other students in misconduct may face disciplinary action.
3. An Aalto scholarship may be terminated if the student acts dishonestly in studies.



What do I do if I know or even suspect a foul play

Acting in a responsible and ethical manner is a basic value of our University. We are all expected to act according to our University rules and regulations.

If you suspect or know that someone is not acting according to the University rules, please contact the teacher of the course or Manager of academic affairs of your own School.

BIZ: Pia Lahti

Remember: you can always ask!

If you are don't know what to do, you can turn to:

- The course teacher or course assistant
- Your programme's planning officer (at Learning Services)
- Student Services, by an email to opiskelijapalvelut@aalto.fi or by an appointment made in MyStudies.

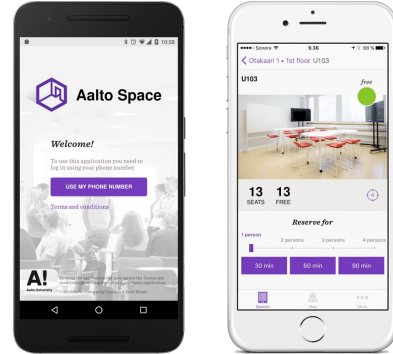
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Planning of Studies

Key platforms for your studies

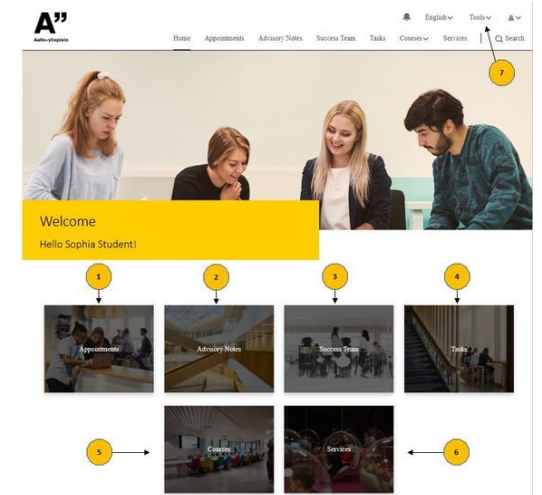
Aalto Space app

- Reservation of rooms
- Navigate at campus
- Communication about facilities



MyStudies

- Book appointments
- Links to instructions
- Tasks and meeting notes
- Thesis submission



SISU

- Study plan
- Course enrollment and info
- Grading
- Credit transfers
- Contact information
- Graduation



MyCourses

- Course pages
- Syllabus
- Lecture materials
- Assignments
- Online exams/quizzes
- Class participation forum



Student Guide at aalto.fi

- Academic Calendar
- Information for new students
- Study Guides (Curriculum)
- Campus guide
- Internationalization & studies abroad
- Other studies (e.g., internship)
- Academic rules and regulations
- Services for students



School of Business teaching



BIZ Main building - Ekonominaukio 1

Master's level courses

- Learning Hub
- Departments
- Learning Services
- CEMS office



Undergraduate Center - Otakaari 1

Bachelor's level courses

- Language courses
- Starting Point of Wellbeing

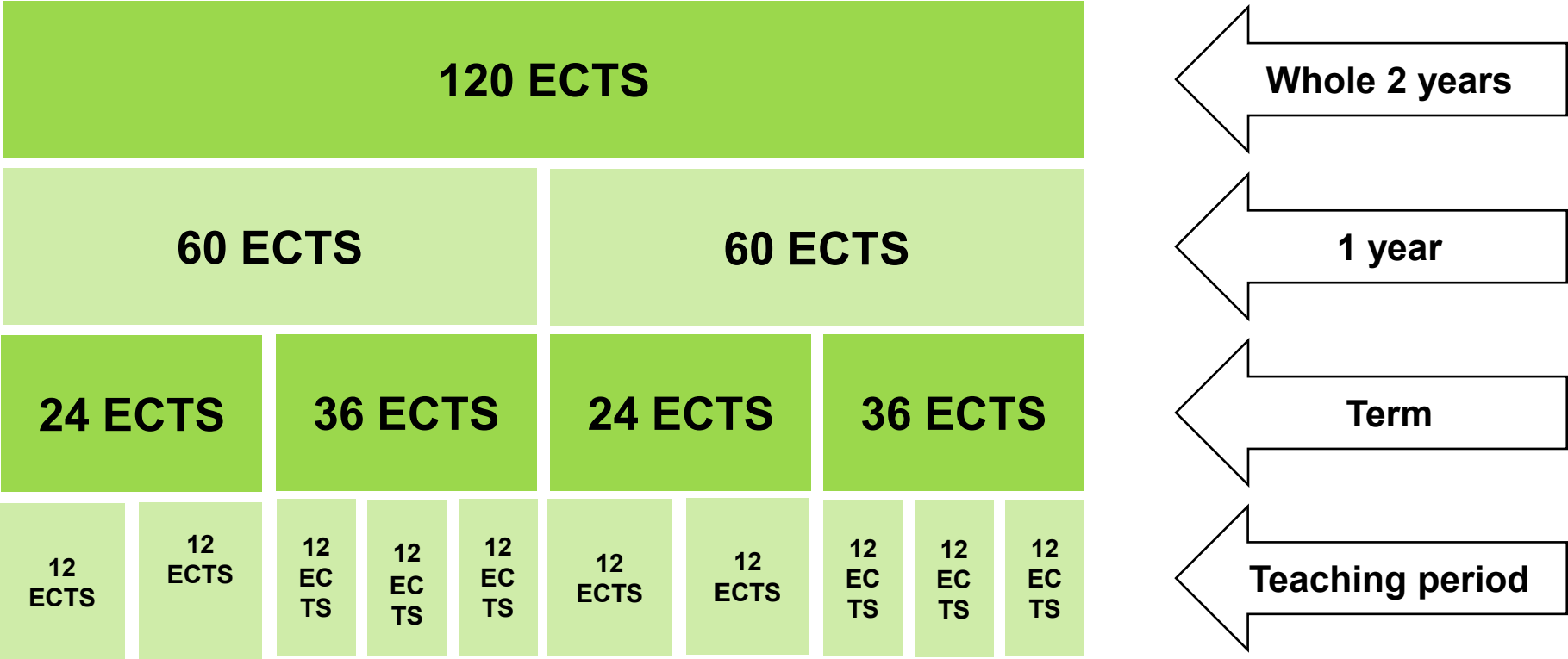
Academic year 2026-2027

- Academic calendar is available in the **Student Guide**
- The academic year is divided into **2 terms**
 - autumn term (1.8.2026 – 31.12.2026)
 - spring term (1.1.2027 – 31.7.2027)
- There are **5 periods** in the academic year
- One teaching period lasts **6 weeks** and the 7th week is an evaluation/exam week.
- No teaching on holidays (see the Academic calendar)
- Courses are lectured from Monday to Friday, mainly between 8 am and 6 pm
- “Academic quarter” → **lectures start fifteen minutes (15 min.) past the hour**

Study rights

- Students admitted to a Master of Science degree have a maximum of **4 years** to complete their studies (normative duration is 2 years + 2 additional years).
- If you cannot complete your degree within this time due to personal reasons, **contact your Planning Officer.**
- You must **enroll as attending or non-attending** for each semester.

Master of Science in Economics and Business Administration



1 course = usually 6 ECTS (School of Business, BIZ)
1 ECTS = approx. 27 h workload

Master's degree 120 ECTS

Master of Science in Economics and Business Administration

Core programme studies 40-60 ECTS*

- Compulsory courses
- Elective courses

Thesis 20 or 30 ECTS*

- Includes maturity test

Elective studies 30-36 ECTS***

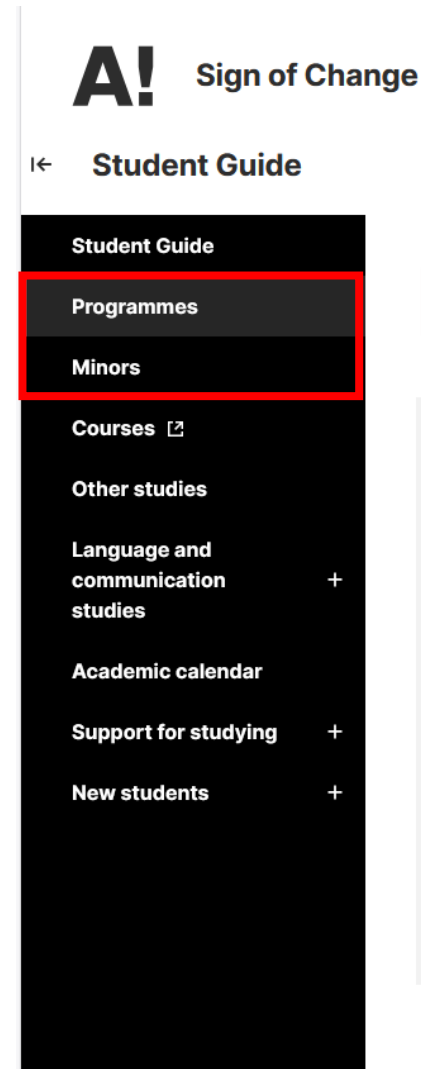
- Exchange studies
- Minor studies
- Optional courses

*Varies within programmes

*** In *International Management* the scope of elective studies is 12 ECTS. In *International Design Business Management* compulsory minor is 24 ECTS and elective studies 24 ECTS.

Master's degree 120 ECTS

- The extent of the degree is 120 ECTS and cannot be exceeded by more than 6 ECTS
- No limitations on how many courses you can complete but you cannot include more than 126 ECTS to your degree.
- When graduating, your degree will include only the courses that are in your study plan – extra ones will be marked in your official study transcript.
- An elective minor can be included as a part of elective studies in your degree (Note. mandatory minor in IDBM programme / mandatory exchange minor in International Management programme).



Programmes



Elective studies

- **Multidisciplinary** studies → courses in the field of technology or arts from other schools of Aalto
- **Language** and communication studies
- Courses from the **School of Business**
- **Internship** (abroad or in Finland)
- **Personal Impact courses** (gain skills in self leadership & finding meaningfulness)
- Sisu – through your personal study plan and search field
- Programme pages – Curriculum 2026-2028

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U | Structure of studies | Timeline | Registration | Study calendar | My profile | **Search**

[Aalto](#) > [Search](#) > Available courses at the higher education institution

Search for courses

[Available courses at the higher education institution](#) | [Open university selection](#) | [Cross-institutional courses](#)

Search for higher education institution courses

You can search for courses by text, filters, and their combination.

Higher education institution

Search for courses by name or code. The search term must be at least three characters long.

Filters (4 selected)

Organisation: Curriculum period: Course level: Language of learning (course):

[Open organisation menu](#)

Completion method: Language of instruction: Teaching in a specific period:

48 search results

Sort:

[Advanced Corporate Finance \(6 cr\)](#) [ADD TO COURSE CART](#)

28E29000

Course's language of learning: English | Curriculum period: 2024-2025
Language of instruction: English | Organiser:

--> **Sisu search field optimal for looking for courses to complete**

[Sisu student tools \(aalto.fi\)](#)

Discuss options with the Planning Officer of your degree programme

Minor offering

Minor studies:

- Module offered at the School of Business or other Aalto school
- Exchange studies abroad
- Module completed at another Finnish University
- See available minor offering at [Aalto Minors hub](#).

(note: check teaching language for minors)

- Discuss options with the Planning Officer or Academic advisor



Minor in International Design Business Management

Basic information

 Copy basic information

Code: BIZ5230	Extent: 20–30 ECTS	Curriculum: 2026–2028 2024–2026 2022–2024 Previous curricula
Level: Advanced studies	Language of learning: English	
Target group: All Aalto students	Teacher in charge: TBA	Administrative contact: Johanna Rametta
Organising department: Department of Management Studies	Organiser: School of Business	Prerequisites: A completed bachelor degree is required for applicants.
Quotas and restrictions: -	Application process: Separate application process yearly May 15-31, please check the instructions below.	

Internship

- 3 or 6 credits (depending on duration)
- Internship completed during study right (can be non-attending while working)
- Internship in Finland or abroad
- Credits must be applied for during the following semester after the end of the internship
- Completion includes writing a report and filling out forms (employer/employee)

See more at *degree programme page in the Student Guide → Other studies*



Course registrations

- Course registrations open **28 days before** the beginning of the period and ends **7 days before OR after the start of the period. (For period I it ends today Mon 24 August)**
- Check that the course is on your **primary study plan** and that you are **enrolled as attending** for the semester.
- Some courses have longer registration period, so it is still possible to find courses for period I.
- If you have missed the registration deadline, first check if the course has **late registration available in Sisu**. If not, you can contact your programme's Planning Officer.
- Please do not sign up for courses if you are not seriously planning to complete them.
- If you decide to drop a course after it has started, please discontinue your enrollment in Sisu (possible after first lecture).

Course info

- Check the **registration times** for courses and exams in Sisu
- Requirements for **attendance** are in general mentioned in the course description
- Please note that some courses are more popular than others and can have **limited access**
- All details related to the courses (*teaching arrangements, exam arrangements, assignment deadlines etc.*) are found in **MyCourses**
- Course syllabus is published **3 weeks before** the course begins in MyCourses

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Info

Completion methods

Substitutions

METHOD 1

DEGREE

PARTS OF THE COMPLETION METHOD

•

Participation in teaching (6 cr)

TEACHING

Advanced Corporate Finance, Lecture 25.4.–1.6.2023

PUBLISHED

Advanced Corporate Finance, Lecture 9.1.–15.2.2024

PUBLISHED

Advanced Corporate Finance, Exam 22.11.2024

PUBLISHED

Advanced Corporate Finance, Exam 22.12.2021

PUBLISHED

Advanced Corporate Finance, Lecture 14.9.–29.10.2021

PUBLISHED

Advanced Corporate Finance, Lecture 2.9.–16.10.2024

PUBLISHED

Completion method 1

THE NUMBER OF PARTS OF THE COMPLETION METHOD THAT MUST BE SELECTED

All parts of the completion method are compulsory

INSTRUCTIONS

⚠ No content in the selected language

ASSESSMENT CRITERIA

⚠ No content in the selected language

RECURRENCE

No recurrence defined

Parts to complete

⌵

Participation in teaching 6 cr

NAME SPECIFIER

Advanced Corporate Finance

TYPE

Participation in teaching

LANGUAGES OF LEARNING

English

STUDY METHODS

Contact teaching, 24 h
Independent study, 135 h
Exam, 3 h

STUDY MATERIALS

Lecture notes, academic articles, and selected chapters of "Handbook of the Economics of Finance" Volume 1, Part A (2003) and Volume 2, Part A (2013).

LITERATURE

⚠ The information has not been given.

CONTENT

⚠ No content in the selected language

ASSESSMENT CRITERIA

Assignments 50 %
Exam 50 %

FIELD OF STUDY

Fields of education (Ministry of Education and Culture), Business, administration and law

26.8.2024

40

Exam registration

Course exams

(marked KT)

When you register for a course, you are automatically registered for the course examination, which is held at the end of the course during the examination week.

Retake exams (marked T01/T02)

You need to **register separately for all other examinations** (e.g. re-examinations and book examinations).

→ Registration for other exams begin on Sisu two months and ends 7 days before the date of the exam.

Online courses/online exams: teacher will inform you in MyCourses on how the exams are arranged

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Advanced Corporate Finance, Lecture 2.9.–16.10.2024

Basic information

Registration

Groups and teaching times

Lecture

L01

Teachers

 Petri Jylhä

Times and locations

2.9.2024	ma	10.15–12.00	◦ Ekonominaukio 1, JENNY JA ANTTI WIHURIN RAHASTO
4.9.–9.10.2024	ke	10.15–12.00	◦ Ekonominaukio 1, JENNY JA ANTTI WIHURIN RAHASTO
9.9.–7.10.2024	ma	10.15–12.00	◦ Ekonominaukio 1, U006 - U006

Exam

KT

Teachers

 Petri Jylhä

Times and locations

16.10.2024	ke	13.00–16.00	◦ Undergraduate Centre, U4 - U142
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Individual study arrangements

- You can apply for **individual study arrangements for medical reasons** (e.g. dyslexia, sensory impairment, mental health condition..).
- Arrangement can be, for example, additional time for examinations or alternative ways for completing assignments.
- To apply for arrangements, do the following:
 - Read through the instructions: [Individual study arrangements | Aalto University](#).
 - **Book an appointment** with the person responsible at your school in mystudies.aalto.fi.
 - Bring to the meeting a **statement signed by a doctor** or other expert.
 - The meeting will consider what arrangements you need. **You will receive a certificate** for the granted arrangements and detailed instructions on practices.



What's next?

- ☒ **Create a primary study plan in Sisu** Check timing of studies in Timeline-section
- ☒ **Register** for period I courses Course registrations will be approved/rejected this week
- ☒ **Participate** in the orientation this week See updated schedule at Starting Your Studies -pages
- ☒ **Attend the courses** starting 31 August
- ☒ **Make a complete study plan** for your degree by **31 October 2026**. Apply for approval for the parts that need separate approval.
- ☒ If needed, **contact Planning Officer** by email (programmes-biz@aalto.fi) or phone or book a meeting.

Exchange info

Master's orientation

Questions?

premo.aalto.fi/bizexchangeinfo

Sanna Huovinen-Kiuru

24.8.2026



Aalto University
School of Business



Key points of exchange at Aalto BIZ

- Exchange studies can be included to all degree programmes at Aalto University School of Business (Aalto Biz)
- Exchange studies form a minor to student's degree, called International Minor (30 ECTS / BSc and **24 ECTS/MSc**)
- Length of the exchange period approx. 1 semester
- Exchange studies can be included in both undergraduate (BSc) and graduate (MSc) degree
- Students who have GPA less than 3 cannot be selected

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Why to apply for exchange?

- Possibility to study subjects that are unavailable at Aalto (without tuition fees)
- Studies completed on exchange transferred to degree in full > simple way to complete minor in one semester
- Employers appreciate the international experience
- High-quality exchange destinations
- Experiencing other countries and cultures
- Global Competence
- Language skills
- Networking, new friends etc.



When is the best time to go?

- **MSc: 1st or 2nd+ year**
 - ✓ **Suitable semester depends on your degree programme**
- Semester timing may vary depending on university
- If you are planning to graduate in the summer after the exchange
 - > Fall term recommended
- **If the exchange is the last component of your degree, please note that credit transfer takes time.** Credits are transferred only when transcript received from exchange > may take several months!
- Eg. Exchange in the spring, transcript comes sometime during summer -> credit transfer -> graduation
- Good planning= no delays on graduation!

Studies on exchange

- **Minor of the degree** – International Minor
- International Study Minor in Bachelor's degree 30 ECTS/
Master's degree 24 ECTS
- Content very flexible:
 - Studies mainly on student's own level (BSc / MSc)
 - From economics, business administration or related field OR from other fields of science if supporting business studies
 - Courses from the field of your study programme accepted, if the content differs from your programme studies at Aalto
 - Courses you have not yet completed for your degree
 - Max. 8 ECTS local language / culture studies
 - International minor can be a mixture of studies from different fields, e.g. marketing, finance, sociology etc.

Where can I go? (1/2)

- Aalto University School of Business has 130 partner universities around the world ~ 100 UG / G level exchange



Where can I go? (2/2)

- Aalto BIZ offers exchange possibilities in 6 continents and 130 universities
 - ✓ altogether over 440 exchange places
 - ✓ Partner Universities can be found from Exchange finder in student guide
- Some destinations only for Bachelors (UG), some only for Masters (G) and some for both
- **Many of the graduate level exchange places *outside Europe* are in MBA programs (MSc vs. MBA)**
- Final list of available exchange places 2027-2028 will be available in student guide when application period begins in January
- Links to the web pages of the partner universities also listed in above mentioned *Exchange Finder*



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MSc vs. MBA Exchange — Key Differences

- **MSc more academic, similar to MSc studies in Aalto**
- **MBA more professionally focused, students are** in their mid-career (3–7+ yrs experience) and leadership orientated > also exchange students should also blend in (work experience required)
- **MBA:** small groups, not that many exchange students, more independent option. Classes may take place in the evenings or on weekends.

Most popular places 2026-2027

University	Country	First choices	Total number of applicants	Available places
Bocconi University	Italy	23	115	11
Universidad Torcuato di Tella	Argentina	21	54	10
Universität St.Gallen	Switzerland	20	61	8
National University of Singapore (only BSc)	Singapore	18	73	20
Universidade Nova de Lisboa	Portugal	18	99	8
Keio University	Japan	16	72	4
Chulalongkorn University, Business School	Thailand	13	41	6
Columbia University (Only MSc)	USA	13	17	1
Copenhagen Business School	Denmark	9	77	4
HEC Montreal	Canada	9	41	9
Aalto University School of Business				



Applying for Bachelor and Master exchange (1/2)

- Application period once a year in January
- **In January 2027 application period (Monday 11.1.-Friday 29.1.) for exchange places in fall 2027 and spring 2028**
- The results of the exchange selection will be out end of Feb/early March
- Selected students have to either accept or decline the place offered
- **Second round application for spring term 2027 if places left**
- Students who have accepted a place in the 1st round cannot apply in the 2nd round
- It is possible to apply in the 2nd round even if the applicant have not applied in the 1st round

Applying for exchange (2/2)

- Online application through Moveon mobility system, link available in student guide
- Possibility to state **1-10 choices** in order of preference + 'wild card'(you don't lose anything by selecting wild card option as well).
- Appendices to the application
 - **Motivation letter**
 - **Curriculum Vitae (CV)**
 - **Copy of HOPS/PSP**
 - Relevant language certificates or other certificates (if necessary, eg if language of study other than English)
- Remember to add **International Minor to HOPS/PSP!**
- **Application deadline on Friday January 29, 2027 at 16.00**
- Late applications are not accepted, all application deadlines are Finnish time

Selection criteria (1/2)

- The most important selection criteria is your **study success index**. It is formulated as follows:

$$\frac{\text{credits x GPA}}{\text{Number of present semesters}}$$

- GPA limit 3.0
- Study success index is calculated based on the studies **the student has completed during student's right to study towards a degree at the School of Business**, the average grade of these studies, and the terms of attending-student status.

Selection criteria (2/2)

- **Language skills**

- In most of the exchange universities studies can be completed in English
- Only few universities require official language test (TOEFL, IELTS) from Aalto BIZ students
- The required level in **the language of instruction** is *minimum B2* (CEFR)
- NB! If language of instruction *other than English* on exchange, please provide a statement of your skills e.g. from your language teacher.
- Usually no requirements for the local language of the country (however some knowledge of local language strongly recommended especially in Latin America and Japan)

- **Requirements set by the exchange universities**

- Some universities set their own requirements e.g. regarding age, GPA or work experience

Costs / Scholarship

- **No tuition fees** in the exchange university if selected through the official Bachelor and Master application process > application/admission fees etc. possible
- Students are responsible for all the other costs concerning the exchange (accommodation, insurance, flights, study materials etc.)
- Scholarship **automatically** from Aalto BIZ for all the selected students

Depending of the exchange destination, scholarship is either bilateral or Erasmus

- ***Bilateral: 1st instalment 1500 €, 2nd instalment 500€.***
Total scholarship 2000 €
- **Erasmus destinations > Erasmus Scholarship = individual amount**

1st instalment 1726-1943 € (= 90 days /Erasmus country group 1 or 2 + two travelling days + travel support)

Rest in the 2nd instalment after the exchange based on the length of exchange (from days exceeding 90 days) + green travel support if applicable

Exchange infos in October-November

Infos in Finnish

Time: Thursday 28.10. at 16-18

Place: Ekonominaukio 1, classroom V001

Time: Monday 02.11. at 12-13

Place: Otakaari 1, U154 U1 VALMET

Infos in English:

Time: Tuesday 03.11. at 15-16

Zoom: <https://aalto.zoom.us/j/67168893190>

Application advising

in January on Tuesdays

**and Thursdays > drop in
without booking**

More info and contact

- From Student Guide > Other studies > Exchange Studies
- Exchange reports (Student Guide > Exchange finder)
- Web pages of the exchange universities
- Incoming exchange students at Aalto BIZ!!
- #aaltoexchange, #aaltovaihtarit

Please contact by email: outgoing-biz@aalto.fi
Book a meeting from MyStudies



Introducing CEMS

The Global Alliance
in Management
Education

- Since 1988 -



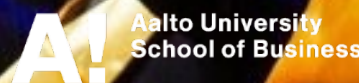
CEMS Global Alliance in Management Education

CEMS is recognized as a **unique global community**, comprising the world's finest students, schools, alumni, corporate and social partners.

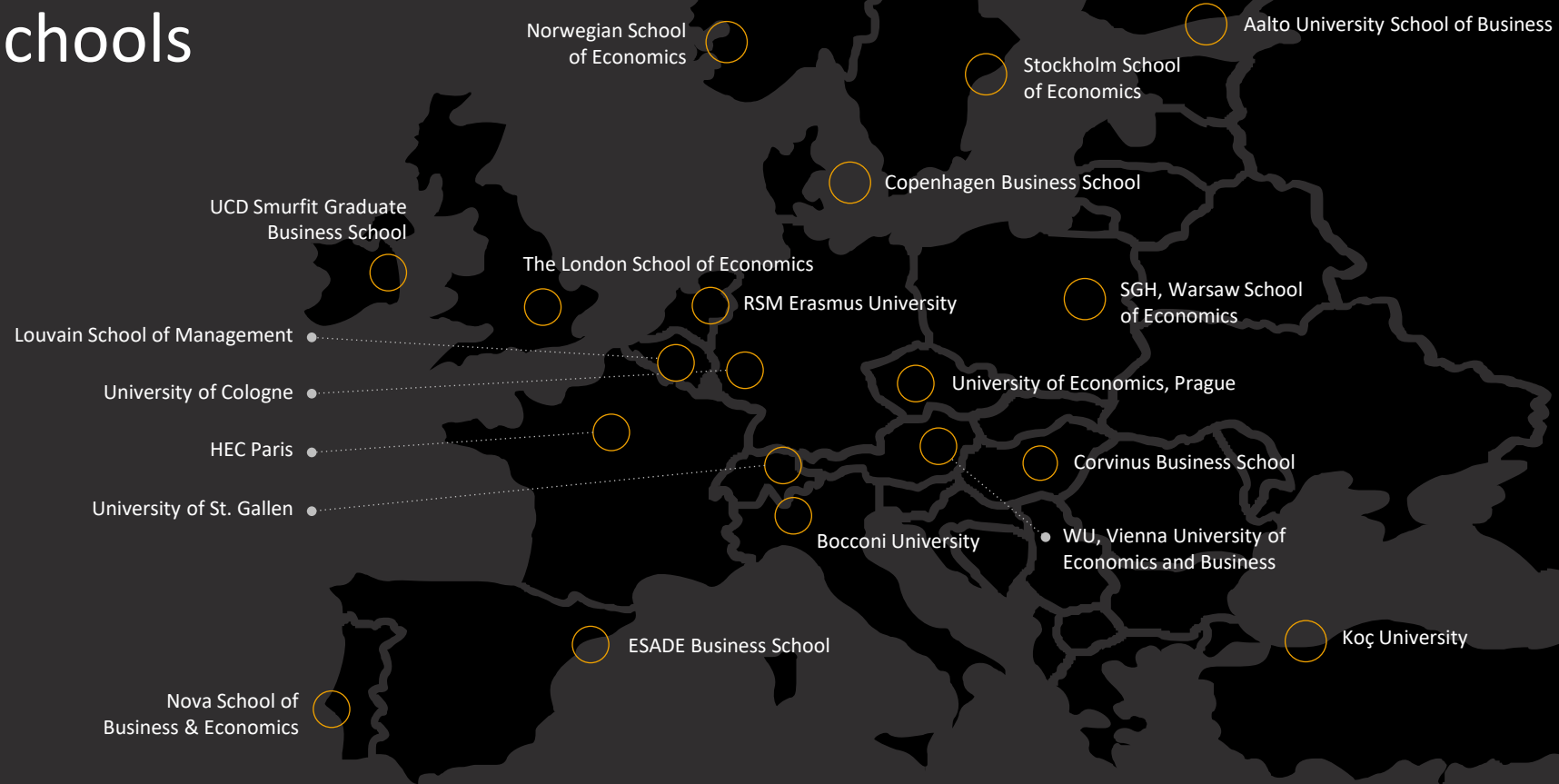
CEMS MISSION:

Delivering the **leading international Master's in Management (MIM)** that prepares **responsible leaders** contributing to a world that is more

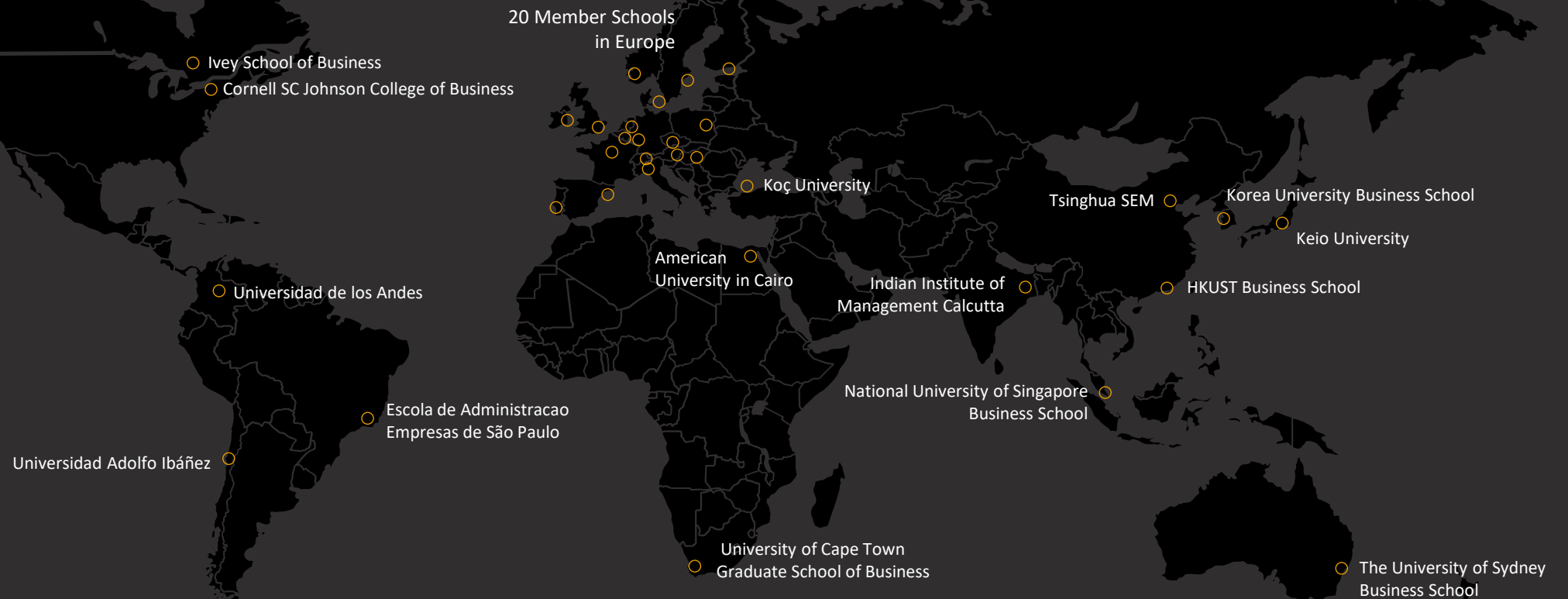
- **Open**
- **Sustainable**
- **Inclusive**



Our European Roots – 20 member schools



CEMS Global Alliance



CEMS Corporate Partners (January 2026)



CEMS Social Partners



CEMS Master in International Management

CEMS MIM is a one-year programme that includes CEMS courses, an extensive business project with CEMS corporate partners, an international internship, and practical skills seminars provided by CEMS partner companies and alumni.

One of the CEMS MIM terms is completed at another CEMS school abroad.

CEMS MIM STUDIES (66 ECTS)

Mostly completed during one academic year

TERM 1 – SCHOOL 1

3 ECTS	0,5 ECTS	30 ECTS
Block Seminar	Self-leadership skill seminar	Global Strategy and other CEMS courses

TERM 2 – SCHOOL 2

1 ECTS	15 ECTS	15 ECTS
Global Citizenship	Global Leadership and other CEMS courses	Business Project

Skills Seminars (1,5 ECTS = 3 days, 6 half-days)

Language courses or tests, as necessary

+ International Internship / Work experience (min. 8 weeks)



WHY?



Benefits for students

International Experience

- Exchange semester
- International internship
- Global Online Elective

Practical Skills

- Skills Seminars
- Business Project
- Hard Skills course(s)

Corporate collaboration

- Teaching elements
- Local and global events, also online
- CEMS Club activities

Active student life

- Local CEMS clubs
- CEMS Student Board

Global CEMS Community

- 1.200 CEMS students
- 20.000 CEMS Alumni
- CEMS Alumni Association

Excellent Career Prospects

- High profile CEMS brand among employers
- Career support: Online tools and in person opportunities

HOW?



Apply to Add-on CEMS MIM (66 ECTS, partly included in your regular MSc)

Next application period:

November 14 – December 14, 2026

TIP: start preparing early

CEMS MIM

Info

Sept 15 at 12:00 on campus

Sept 16 at 13:00 online

More info and registration: aalto.fi/cems



Who can apply for Add-on CEMS:

- ✓ Aalto Master's student (by August 1, 2027),
any program at any Aalto school
- ✓ 60 ECTS of prior Business Studies
- ✓ Min. 3,0 GPA
- ✓ English test score (e.g. IELTS, TOEFL) or
suitable Bachelor's degree in English



More info

[cems.org](https://www.cems.org)

aalto.fi/cems

<https://www.aalto.fi/en/other-studies/cems>

Social media



CEMS Aalto University



@cems_aalto #cemsaalto

@cemclubhelsinki

Contact

cems@aalto.fi

Room Y120

(inside BIZ Learning Hub, Ekonominaukio 1)



A?

Aalto-yliopisto

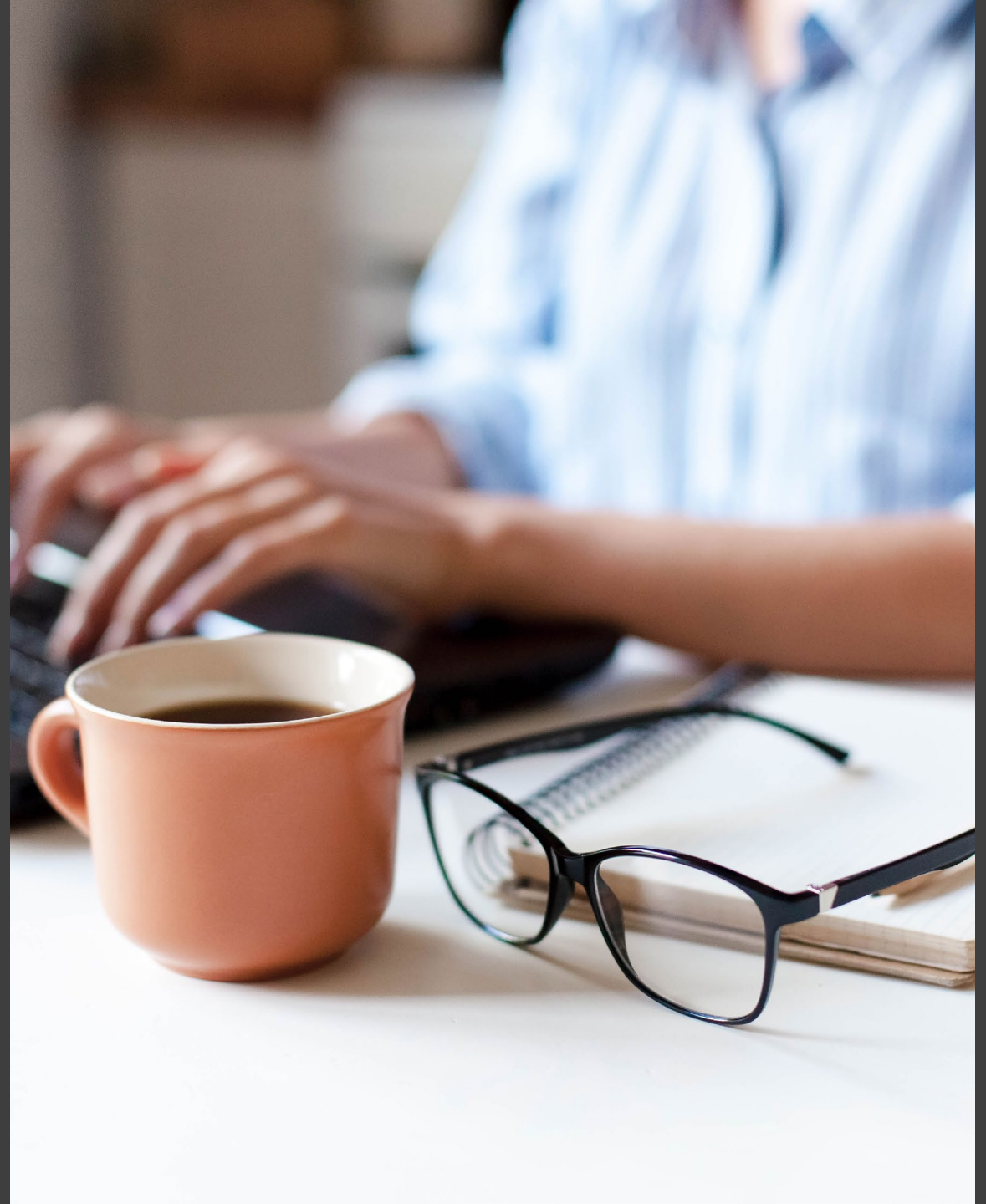
Wellbeing & starting new studies

Study psychologist Saija Pulkkinen

Starting Point of Wellbeing

Orientation for BIZ master students

24.8.2026



Today's topics

- **Study wellbeing**
- **How to retain your energy during studies?**
- **New degree, new me?**
 - Setting up intentions for the upcoming studies
- **The services of the Starting Point of Wellbeing**



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Study wellbeing

How can you know if you are doing well?

1. Energy and getting things done

- You have the right vigilance for learning
- Do you recover enough?
- There is a good balance between studies and free time

2. Motivation

- You have interest in your studies
- You find your studies meaningful

3. Self-efficacy: belief that you can manage with your studies

- Connected to study performance and study wellbeing

Stress and studying

- Stress is a part of everyday life
 - Sometimes stress can even be beneficial. The right amount of stress helps us get things done efficiently.
- A good daily life requires avoiding excessive stress—at least for prolonged periods
- It is useful to learn to recognize when stress levels are too high
- A reasonable amount of planning brings order to your daily routine, leaving time for relaxation and enjoyable activities



Aalto-yliopisto

How to retain your energy during studies

5 tips for wellbeing and recovery

1. Create structure to your days

- Repeated routines make our brain's workload lighter
- Routines save us from the constant need for choice making and willpower



2. Protect your free time and detach yourself from studies

Plan your recovery from four angles

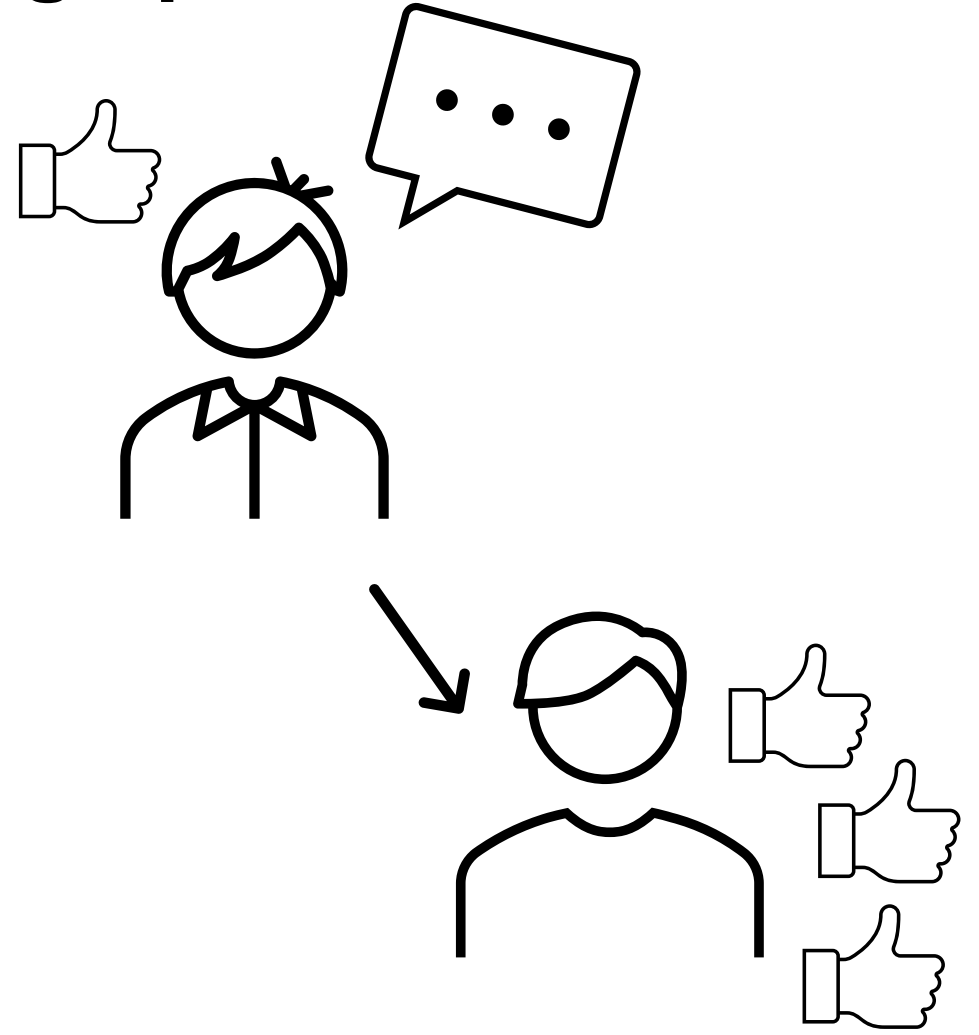
- Schedule *holidays*
- Have days off *every week*
- Schedule breaks and free time for *each day*
- Take *micro breaks* when needed



3. Create connections by being open and who you are

- A. People who engage in intimate disclosures tend to be liked more than people who disclose at lower levels. They are also seen as trustworthy, friendly and warm.
- B. People disclose more to those whom they initially like
- C. People like others as a result of having disclosed to them.

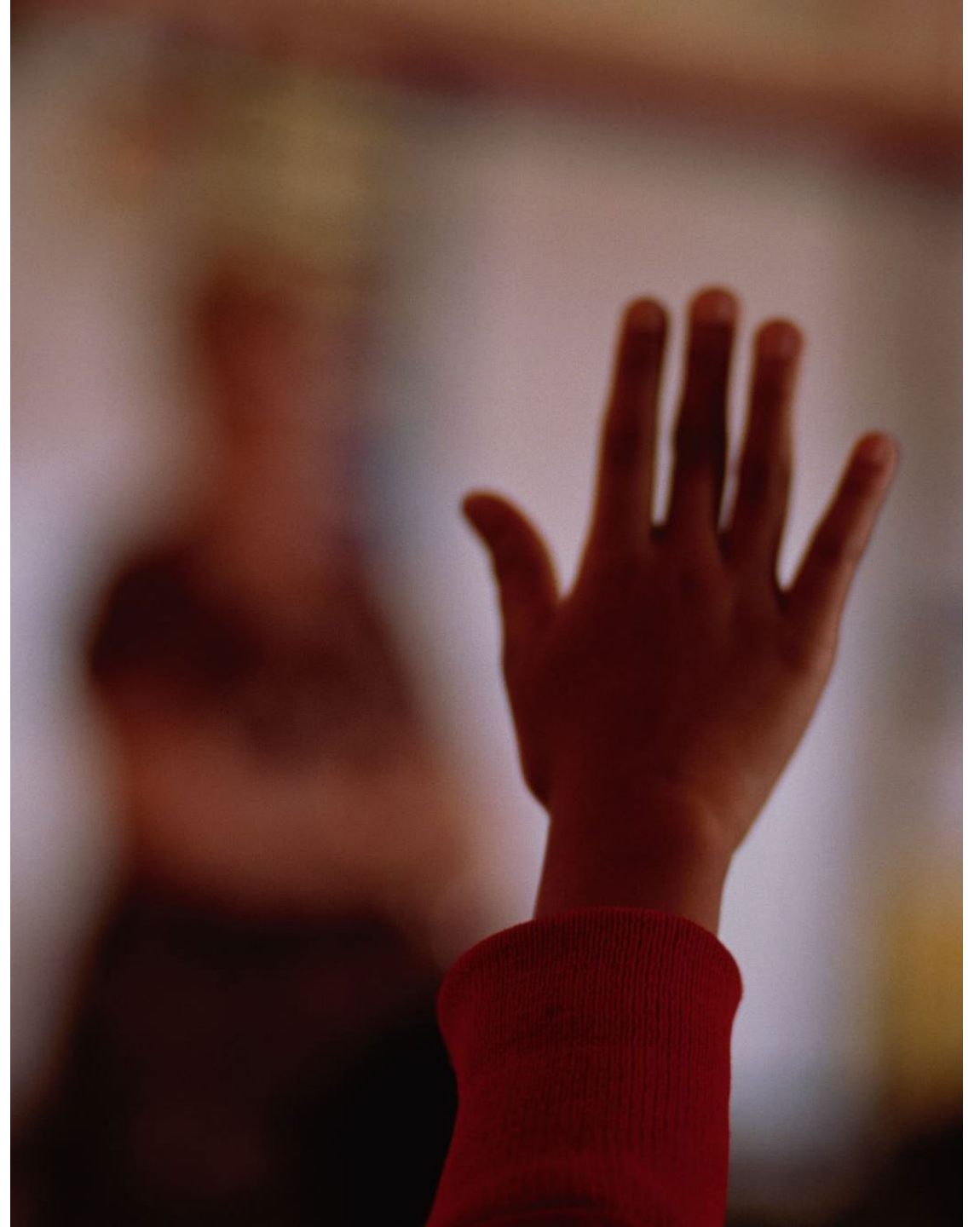
(Collins & Miller, 1994)



4. Don't hesitate to ask for help

Asking for help/advice

- Improves resilience
- Gives the helper a chance to feel themselves important
- Benevolence can be seen as one of our core needs (Martela & Ryan, 2015).

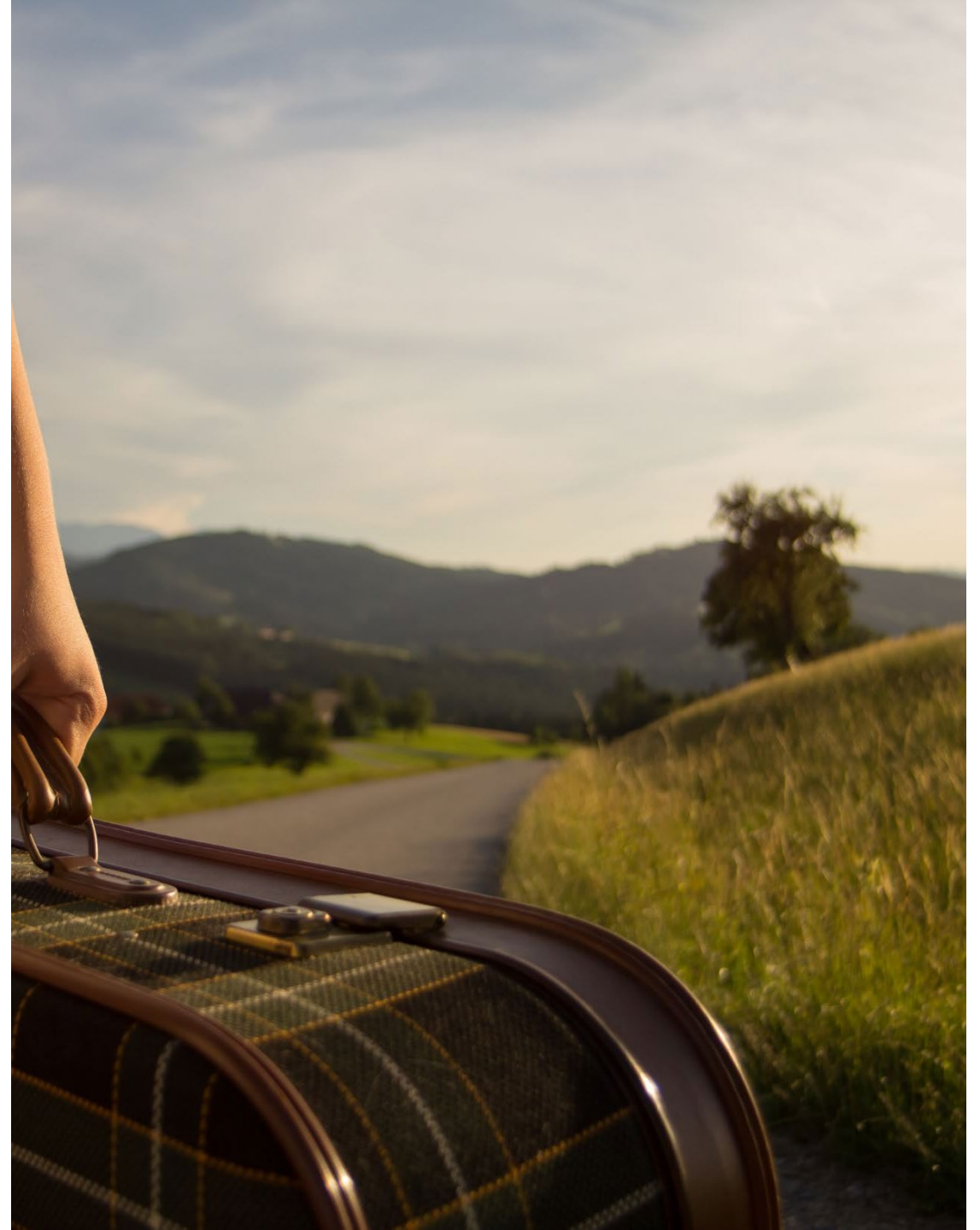


5. Ask yourself: “Why do I study?”

Clarifying what is important to us and *why* we do what we do

- Helps us to stay motivated
- Helps us to overcome challenges & difficult feelings
- Helps us to make sure we are living according to our *own* values and not somebody else's

(Harris, 2008).



New degree, new me?

-Setting up intentions for the upcoming studies

When you think about your previous studies, what were you happy about in your study routines and student life? What would you like to be different this time?

Consider...

- Things you would like to take with you from your past or do similarly
- Habits you would like to leave behind
- New routines, actions or perspectives that you would like to try

Discuss in groups of three

- Introduce yourself 😊
- What type of study routines have worked well for you in the past?
- Name one thing that you would like to try doing differently this time?
- What could be the smallest step towards that?

Starting Point of Wellbeing. When life happens.

Counselling for wellbeing, studying and life

- **Drop-in counselling:** Confidential 20-30 minutes talk with professional counsellor without time reservation.
- **Open doors:** Tuesdays 12-13: coffee, tee and good vibes.
- **Groups, courses and materials:** Beat the Blues, Mind and Study –course, Back on track -group



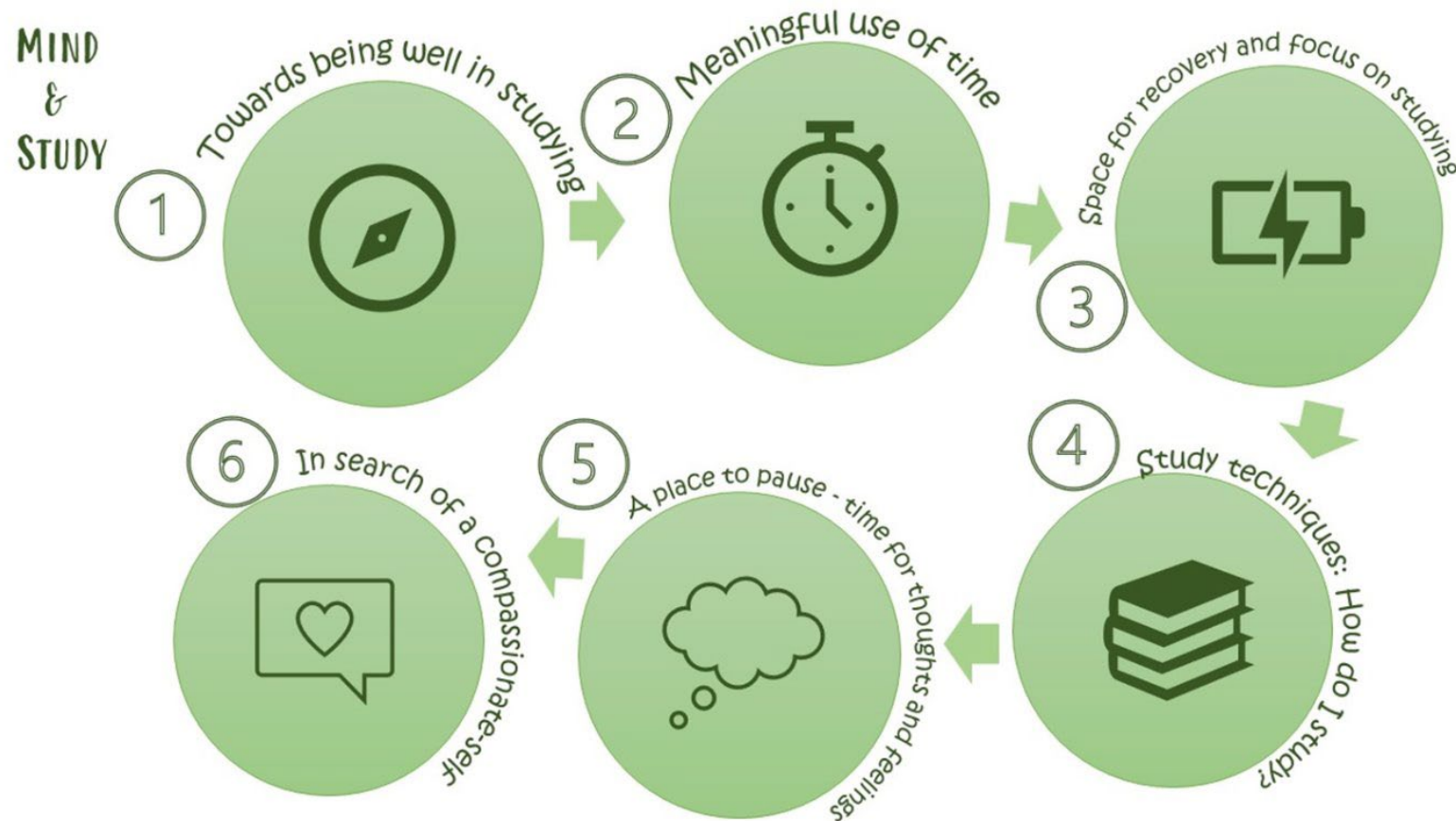
Where: Undergraduate center Y199C. Drop-in counselling also online.

Up to date
schedule on
our website!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	10-11 ONLINE DROP-IN: Study and career counselling psychologists (chat/video)	10-12 DROP-IN: Study and career counselling psychologists (SPW-room, Y199c)	10-12 DROP-IN: Special education teacher (SPW-room, Y199c) 10-11 ONLINE DROP-IN: Study and career counselling psychologists (chat/video)
	12-13 Open Doors (SPW-room, Y199c) 13-15 DROP-IN: Aalto-chaplains (SPW-room, Y199c)		
13-15 DROP-IN: Study and career counselling psychologists (SPW-room, Y199c)	13-15 DROP-IN: Aalto-chaplains (SPW-room, Y199c)	13-15 DROP-IN: <u>Career Counsellors</u> - <u>Career Design Lab</u> (SPW-room, Y199c)	13-15 DROP-IN: Guidance counsellors (SPW-room, Y199c)
		16-18 EVENT: <u>Beat the Blues</u> Events for international students three times every semester	

Study credits for study wellbeing: Mind & Study - toolbox for being well in studies, CS-CV0005 (3 cr)



More info:

[Mind & Study - toolbox for being well in studies is organized also in English | Aalto University](#)



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Remember also...

Individual counselling by study and
career counselling psychologists | Aalto
University

FSHS (yths.fi)

In practical questions related to study
planning: planning officers



Sources:

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Uuvutko töissä? Laaja suomalaistutkimus selvitti, miten palautumisen voi aloittaa jo työpäivän aikana - Tiede | HS.fi

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Collins, N., & Miller, L.C. (1994). Self-disclosure and liking: a meta-analytic review. *Psychological bulletin*, 116 3, 457-75 .



Have a great semester!