

SHVS STUDENTERNAS HÄLSOVÅRDSSTIFTELSE

2025



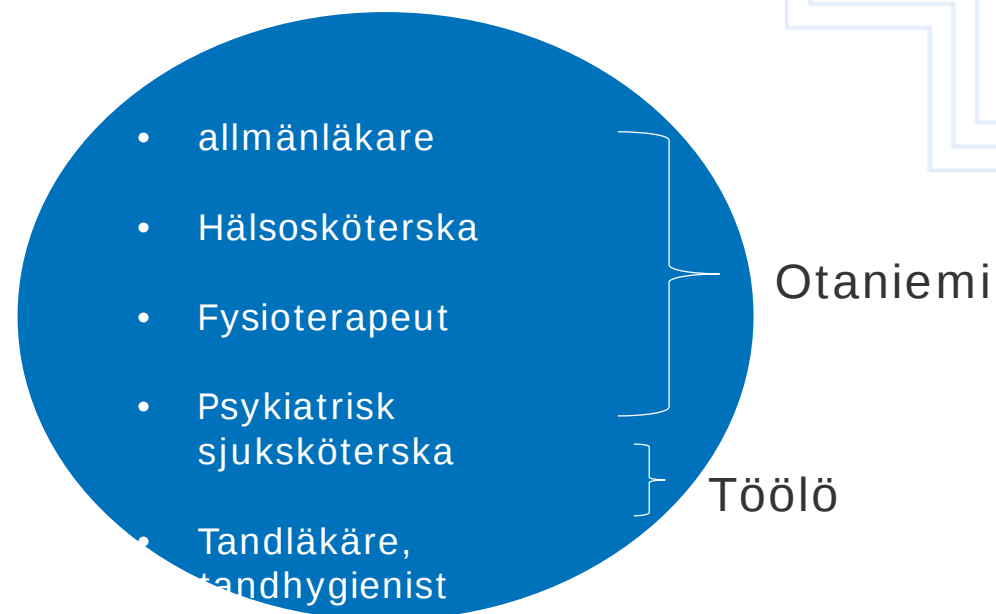
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YLIOPILAIDEN TERVEYDENHOITOSÄÄTIÖ

Tjänster

Våra tjänster:

- Allmän hälsa
- Mental hälsa
- Oral hälsa
- För de kandidat- eller masterstudenter som har anmält sig som närvarande vid ett finskt universitet eller yrkeshögskola.



Ingen akutmottagning!

Hälsövarsavsavgift

- Betala hälsövarsavsavgiften för högsölestuöerande till FPA på eget initiative enligt FPA:s anvisningar.
- [Fpa.fi/halsosvarsavsavgift](https://fpa.fi/halsosvarsavsavgift)

! Nbi You can use FSHS' s services and the Self online service when you have enrolled as an attending student. enrollment will be transferred to us from higher education institutions with a delay of approximately one semester beginning on August 1. Please note that the information regarding your not log in to Self and your matter is urgent, please contact us by phone. Read more

We support you in matters related to health and well-being during the time of your studies. We also take care of the well-being in study communities.

[Read about our services](#)

In SelfChat or telephone:
General and mental health
 +358 46 7101073
Oral health +358 46 7101085

Instructions for booking an appointment

Look after your health on the quick and easy online service for students.
Check out the Self-service.

[Log In to Self](#)

Select service unit

Search health information

Worried about your health? Find information and self-care instructions in the student health resource pages.

Hälsokontroller

- När du besvarat enkäten Hälsostarten får du feedback på ditt hälsotillstånd.
- Yths.fi → log into Self
- Mer information: yths.fi/halsostarten

Du har rätt att använda våra
tjänster fram till slutet av
terminen när du tar examen.

Lycka till med ditt första läsår!