## Option 4 (3 credits)

## **Compulsory parts:**

## **EVENTS**

- (Orientation days)
- Seminar 1 (Kick-off)
- Seminar 3 (Communications, writing)
- Seminar 5 (Joy & pain of thesis work + Review)
- + INDIVIDUAL ASSIGNMENTS →

Pre-assignment (questionnaire)

Sustainability in your research (writing+ use of AI in language check)

Seminar 2 (CV and career workshop) + CV and career plan

Mastering your PhD —assignment (reading 60 pages + writing 4 pages)

Seminar 4 (wellbeing and practical tips for PhD) including brief reading in advance + group work in seminar

Writing pop-science pitch + feedback from the English teacher

Writing extended abstract + feedback from the English teacher

Final assignment (summary + reflection on learning, **5 pages**)