

Blueberry / Mustikka

Habitat

In Finland, 'blueberries' commonly refer to bilberries. These berries are widely distributed in Finnish forests and prefer acidic soils and cool climates.

Ripening Period

Bilberries typically ripen between July and September, with exact timing varying based on climate and region.

Common Uses

Can be eaten fresh or used to make jams, juices, pastries, and desserts. They are also a popular breakfast ingredient, often added to yogurt, cereals, or baked goods.

Leaf Shape

Small, ovate, and have finely serrated edges

Fruit Shape

Small, round, and dark blue



Raspberry/Vadelma

Habitat

Raspberries are commonly found in open areas and forest edges in Finland.

They prefer sunny locations and well-drained soils.

Ripening Period

Raspberries ripen in the summer, typically from mid-July to mid-August.

Common Uses

Used to make jams, juices, pastries, and desserts. They can be eaten fresh or frozen for later use. Rich in vitamin C and fiber.

Leaf Shape

Pinnate with three to five leaflets, serrated edges, and a rough texture.

Fruit Shape

Many small drupelets arranged around a central core.



Gooseberry / Karviainen

Habitat

Gooseberries typically grow on the edges of forests and in thickets in Finland.

Thrive in cool climates and fertile soils.

Ripening Period

Gooseberries usually ripen in the summer, from late June to early August, depending on local climate conditions.

Common Uses

Gooseberries have a sweet and tart flavor and are commonly used to make jams, jellies, pies, pastries, and desserts. They can also be eaten fresh or used to make beverages.

Leaf Shape

Roundish with three to five lobes and serrated edges.

Fruit Shape

Round and can be green, yellow, red, or purple, often with translucent skin.

